

THE PAKEMAN PRESS



**Pakeman
Primary
School**

**Thank you for taking the time to read this weekly newsletter.
We hope you will find its contents useful.**

Issue 8 Summer Term 2026

Friday 12th June 2026

Gillespie Ecology Centre Visit

Holly Class visited Gillespie Ecology Centre for an exciting 'Exploring Nature' workshop. During the visit, the children took part in a minibeast hunt and discovered all sorts of creatures, including slugs, snails, millipedes, woodlice and worms. They also listened carefully to the different birds in the trees and spotted several squirrels running around the site.

To finish the session, the children learned a fun insect-themed version of 'Heads, Shoulders, Knees and Toes' — it was called 'Head, Thorax, Abdomen!' which was a big hit with everyone.

Gillespie Park Ecology



Summer Term:

End of Summer Term

Friday 17th July

Date For Your Diary

Thursday, July 9th

Pakeman Summer Fair

straight after school



**Come along and have
some fun!**

SUPERSTARS



Elm	Musa
Pine	Mykah
Cherry	Zaynah
Holly	La'Nyah-Rose
Maple	Malak
Willow	Eros
Palm	Marnie
Banyan	Nasir
Olive	Nazir
Cedar	Divine
Mahogany	Dania
Eucalyptus	Richard
Sequoia	Latifa

Well done Superstars



Remember Us In Tesco Stores



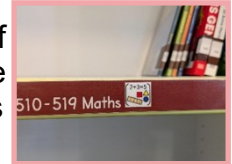
Pakeman Primary is one of the chosen charities in local Tesco stores so please vote for us using the blue token every time you shop between now and the end of July! We could be awarded up to **£1500** if we have the most votes! Our amazing Breakfast Club has great plans to improve the food and activities on offer so they need every vote at any of these stores:

Stroud Green Superstore N4 3PX Archway Hollow Express Express N19 5SS
Seven Sisters Road Express N4 2HY Lower Holloway Express N7 8GA
Drayton Park Express Express N5 1AN Caledonian Road Express N7 8TP
Sisters Road Express N7 7NS



Library Takeover

Our library has enjoyed a Maths Takeover, with a fantastic collection of books provided through our Bookmark Partnership. Pupils can explore engaging stories, puzzles and non-fiction texts that bring mathematical ideas to life and show how maths connects to the world around us.

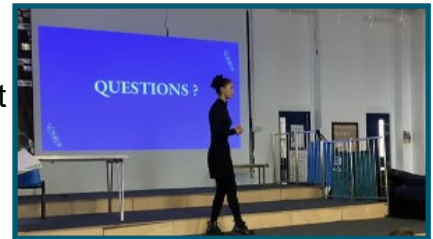


The new collection supports the exciting maths learning taking place across the school while also promoting a love of reading. You can find these books in the Maths section of the library (510-519)



Author Visit

This week, Pakeman enjoyed an interesting visit from scientist and author, Dr. Camilla Pang.

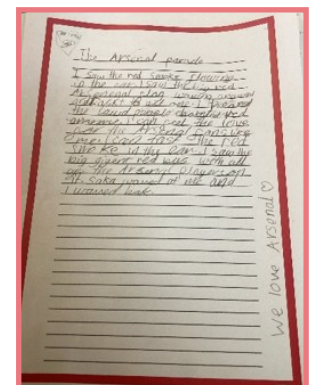
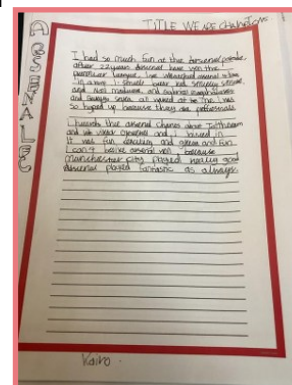
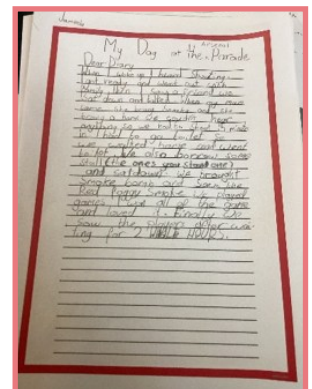
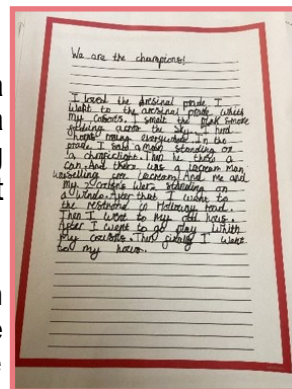


Dr Pang has autism and ADHD and has been an advocate for telling the world how people with neurodivergent minds can make a difference and how thinking differently can make a difference in the world. Some of our children were gifted with signed copies of her book.

Arsenal Parade

Perhaps not everyone is an Arsenal fan, but a number of our Pakeman children are and quite a few of them, in years 3 and 4, enjoyed writing about their amazing experience of the recent parade in North London.

Arsenal do a lot to support Pakeman through their community outreach programme and we are always so grateful for their support - so we take this opportunity to congratulate them on their recent success.



Refugee Week

Visit some of our Islington Libraries during [Refugee Week](#) (15-21 June) to enjoy a vibrant programme of free, welcoming activities for all ages.

From storytelling and creative workshops to hands-on crafts and reading recommendations, these events celebrate courage, culture and community.

[Refugee Week](#)



NEIGHBOURHOOD HIKES
Nature & Wellbeing Walks

Free weekly walks – all welcome!
Explore green spaces, community gardens, and hidden nature spots across Islington's Nature Neighbourhood.

What to expect: Gentle, themed walks lasting up to an hour, finishing with a chat over refreshments. Everyone welcome!

When: every Tuesday and every fourth Saturday of the month, 10:30 – 12:00, until 22nd September 2026

Where: all walks will begin outside the Old Fire Station, Holloway Neighbourhood Group, N7 6QT, meet us there!

Find out more, including walk themes and end locations, on our website:

What To Bring

- Comfortable footwear ✓
- Water bottle ✓
- Camera to capture memories ✓

More information:
info@octopuscommunities.org.uk

MAYOR OF LONDON LMF TRANSPORT FOR LONDON

“Eat Well, Spend Less”

EAT WELL, SPEND LESS
FAMILY EDITION
A Workshop led by Dietetic students

17 JUNE, 2026
12:45PM - 14:15PM
LONDON METROPOLITAN UNIVERSITY
166 - 220 HOLLOWAY RD

JOIN US AND LEARN

Smart Meal Planning - future you says thank you

Kid-approved meals - tiny critics. Five-star reviews

Healthier swaps - small changes, feel-good results

Food budgets - stretch every shop a little further

EATING WELL IS NOT AS EXPENSIVE AS YOU MAY THINK

Want to make healthy family meals while getting the most from your grocery budget?

Scan the QR code below to book a spot at our workshop!

FREE TO ATTEND

EAT WELL, SPEND LESS

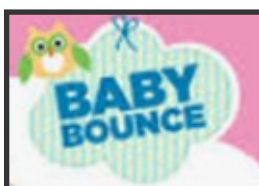
Discover the building blocks of healthy eating
Cut through the confusion around nutrition and learn how to build balanced meals that nourish your body, support your wellbeing, and fit into everyday family life.

Crack the code on food labels
Understand nutrition labels, traffic light systems, and the many names sugar can hide behind. Gain the confidence to compare products and make informed choices for you and your family.

More food, more value, less waste
Discover practical supermarket strategies to help you save money without compromising on nutrition. Learn smart shopping habits, budget-friendly meal ideas, and simple tips to make your food budget go further.

Tackle fussy eating
Explore realistic ways to tackle fussy eating, create nutritious lunchboxes, and make healthier swaps that the whole family will enjoy.

Remember to check out Baby Bounce and Under-5s



Babies and young children love stories, rhymes and songs. At Islington libraries there are a range of relaxed and friendly sessions providing a great way to introduce very young children to books and reading. Baby Bounce 'Action Rhyme Times' (suitable for 0-18 months) and under-5s 'Story And Rhyme Times' (18-48 months) also take place.

You can find out more by visiting [U5s activities on the Find Your Islington directory](#).