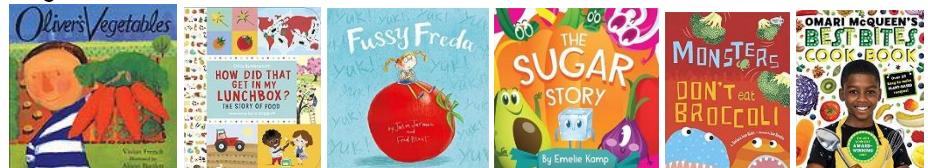


Key Books



Personal, Social & Emotional Development

- Continue to build constructive and respectful relationships.
- Develop a growing sense of independence, managing own needs without help where possible.
- Know and talk about the different factors that support their overall health and wellbeing: regular physical activity, healthy eating, toothbrushing, sensible amounts of 'screen time', having a good sleep routine, being a safe pedestrian.

Communication & Language

- Learn and use new vocabulary through the day.
- Engage in non-fiction books.
- Listen to and talk about selected non-fiction to develop a deep familiarity with new knowledge and vocabulary.
- Describe events in some detail.

Physical Development

- Further develop their fine motor skills so that they can use a range of tools competently, safely and confidently: pencils for drawing and writing, paintbrushes, scissors, knives, forks and spoons.
- Further develop and refine a range of ball skills including: throwing, catching, kicking, passing, batting, and aiming.

Literacy

- Develop fluency in blending and segmenting short words.
- Consolidate Phase 2 and learn Phase 3 phonics sounds and tricky words.
- Form lower-case and capital letters correctly.
- Explore a range of fiction and non-fiction texts linked to topic.

Key Experiences

- Cooking skills: spreading, chopping, mixing, measuring.
- Cooking – (With parents if possible depending on restrictions).
- Planting and growing food.
- Traditional recipes from around the world.
- Modelled tooth-brushing.

Key vocabulary

Food names
Cooking vocabulary
Healthy
Unhealthy
Balanced diet
Energy
Farm
Grow
Crop
Harvest
Factory
Import

Reception

Spring 1

Our topic is:

What We Eat

Mini themes:

Favourite foods
Healthy eating
Where food comes from
Foods from around the world
Food past & present
Cooking

Mathematics

- Understanding zero
- Comparing numbers to 5
- Composition of 4 & 5
- Comparing height, length & weight
- 6, 7 & 8, then 9 & 10

Understanding the World

- Recognise some similarities and differences between life in this country and life in other countries.
- Explore the natural world around them.
- Recognise some environments that are different to the one in which they live.
- Understand the effect of changing seasons on the natural world around them.

Expressive Arts & Design

- Explore, use and refine a variety of artistic effects to express their ideas and feelings.
- Create collaboratively, sharing ideas, resources and skills.

Focus artist: Alma Thomas

We will be working on creating mosaic-style fruit and vegetable prints in the style of Alma Thomas.



How you can help at home

Complete weekly homework tasks set via Class Dojo.

Practise the key vocabulary linked to our topic (see above).

Help your child to practise writing lowercase letters and numbers using the correct formation.

Help your child to practise phonics sounds and 'key words'.

Class Dojo

Please make sure you check Class Dojo regularly for updates and information. You can also contact us via Class Dojo if you have any questions 😊

