THE PAKEMAN **PRESS**

Thank you for taking the time to read this weekly newsletter. We hope you will find its contents useful.

Auntie's Kitchen

A huge thank you to our wonderful kitchen team for organising Auntie's Kitchen at Pakeman. This week, they created the most delicious lunch for everyone as they embraced a celebration of Black heritage and flavours. Everyone commented on how tasty the food was and what a great effort the kitchen staff made. Thanks also to Angela for her support with the lunch plans.













Pakeman Festive Hall

Thanks to all our staff and children for all their additional creativity this week which has gone into making our school hall look so sparkly and festive.











Issue 13 Autumn Term

Friday 5th December 2025

DATES FOR YOUR DIARY

Last Day of Term: Friday 19th December 1.30 FINISH





Please remember we are a **NUT FREE** school. We do not allow nuts in any form.

Thank you

SUPER STARS







Elm Pine Cherry Holly Maple Willow Palm Banyan Olive Cedar **Eucalyptus Brayan** Sequoia

Hashir Yagub Hamza Buruk **Fatima** Harley Rose Zayne Hana Lamiya Igra Mahogany Olivia-Grace



Shevari



Please come along and support this year's fair.





Remember this is a cash only event!



Christmas Jumper Day

Thursday 11th December 2025

Children are welcome to come to school wearing a Christmas jumper or festive colours.

We kindly ask for a £1 donation for charity.

Thank you for your support!

Christmas lunch will also be on this day.



Bring a Parent/Carer to Breakfast

Dear Breakfast Club Parents/Carers

We're excited to invite you to our "Bring a Parent/Carer to Breakfast" event! It's a wonderful opportunity for you, as a parent/carer, to enjoy breakfast together and connect with our school community.



- When: Tuesday 16th December from 7.45am 8.45am
- Where: Breakfast in the Lodge
- Why: To enjoy pancakes, pastries, toast and good company!

Thank you sincerely

Jackie and Julie





Why not take a trip to Central Library for some nursery rhyme fun!

Baby Bounce

(Wed and Thurs 11am)
Weekly song and rhyme sessions for babies up to about 18 months.

Under 5s

(Tues and Fri 11am + Sat 11.30am) Weekly story and rhyme sessions for pre-schoolers aged 12 months+

Central Library – Under 5s



Black History Story Trail

Did you know that in Islington you can discover stories and voices from all over the world, including Ancient Egypt, Africa and India?

Have fun finding and meeting freedom fighters, singers, explorers, dancers, and other inspiring characters from Black history on this trail around the borough.

Story Trail



Winter Reading Challenge Fun Day

Pop into your Islington Library

Saturday 6 December 11am - 4pm

Join the Winter Reading Challenge and enjoy a day full of fun activities!



Winter Holiday Countdown with Bookmark

Each Friday, during assembly, our pupils will be receiving beautifully wrapped books from *Bookmark*. Every class will get a new book to unwrap and enjoy together, and these will become part of their permanent book-corner collections. We're thrilled to bring a little extra book-magic to the school each week and to help build a real buzz around reading as we head toward the winter holidays.



Attendance and Punctuality

Year Group	Best Attendance	Most Improved	Best Punctuality
EYFS & KS1	Willow Class	Willow Class	Cherry Class
KS2	Eucalyptus Class	Cedar Class	Eucalyptus Class

Free Festive Events

This year, Islington Council is putting on several free festive events in the borough. Enjoy live music, wreath making, facepainting and stalls from local businesses. Santa will also be paying a special visit, handing out complimentary mince pies and toys!

Check out dates and locations:

Festive Events







DIY Energy Workshop (Islington Council)

Save money and energy this winter

Want to cut your energy bills and make your home more efficient? Join a free DIY Energy Workshop this December and discover practical ways to reduce energy use, save money, and help the planet.

The session offers expert advice on lowering energy costs, hands-on tips for making your home more energy efficient, and even some free goodies to help you start saving straight away.

Free Workshop

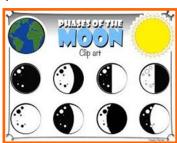
Tuesday 9 December 10:00am to 2:00pm Spaces are limited - apply now!

Please see link below for location:

<u>Adult Learning - Islington</u>

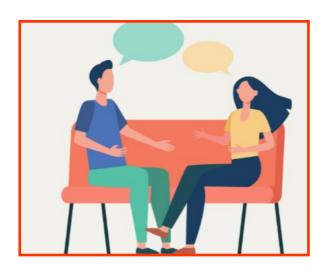
Earth and Space

Year 5 and 6 have been learning about Earth and Space this half term. This week, they used Oreos to represent the different phases of the moon.









ADHD Parenting Programme



parenting your Child

Group for parents and carers of children aged 5-12 years who have a clinical diagnosis of ADHD



What people say about our ADHD programme:

"Thank you thoroughly enjoyed the sessions."

"Good facilitation with some good advice in response to real questions."

"It worked well - thank you!"

For parents and carers of children with ADHD aged 5-12 years

For parents and carers of children with a diagnosis of Attention Deficit Hyperactivity Disorder (ADHD) aged 5-12 years. This is a 6-week group programme that meets for 1.5-2 hours a week. The group is facilitated by a qualified mental health professional with experience in supporting parents and carers. The group is run several times a year either online or face to face.

The group builds on what parents are doing well and teaches parents and carers skills and strategies to improve and manage difficult behaviour in children in this age group. It also incorporates the 123 MagicTM approaches, which complement and enhance the programme. The sessions cover the following areas:

- Providing information on Attention Deficit Hyperactivity Disorder
- Setting household rules
- Developing and implementing schedules and routines
- Realistic expectations
- Giving clear and calm instructions
- Rewards and praise
- Staying positive and looking after yourself
- The 123 Magic™ approach to effective discipline.



