

THE PAKEMAN PRESS

Thank you for taking the time to read this weekly newsletter.
We hope you will find its contents useful.



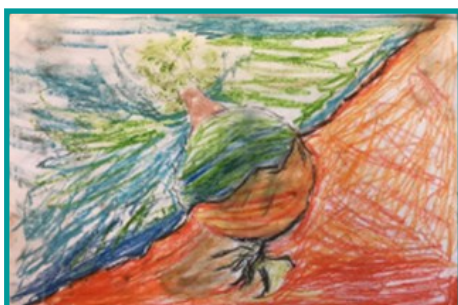
**Pakeman
Primary
School**

Issue 3 Summer Term 2025

Friday 9th May 2025

Year 3 and 4 Writing Through Art

In year 3 and 4 the children have been completing a 'Writing through Art' project. Each week, they focus on a different painting which leads them to produce great writing tasks based on the art. Last week, they focused on a painting by an artist called [J M W Turner](#) who created lots of art inspired by the world around him. As well as writing, the children created their own art, inspired by Turner, which focused on the topic of 'climate change'. They used oil pastels to create their work.



Check out the Tate Gallery for some great ideas to create similar work at home:

[Paint Like Turner - Tate](#)



DATES FOR YOUR DIARY

Half Term

Mon 26th May - Fri 30th May

End of Summer Term

Friday 18th July



SUPERSTARS



Elm	Aizak
Pine	Iqra
Cherry	Roukia
Holly	Ranya
Maple	Lily
Willow	Mohamed
Palm	Arhaan
Banyan	Raul
Olive	Dania
Cedar	Angelina
Mahogany	Hadi
Eucalyptus	Aysha M
Sequoia	Mujiza



Attendance and Punctuality

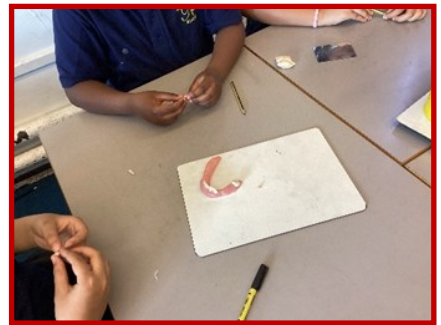
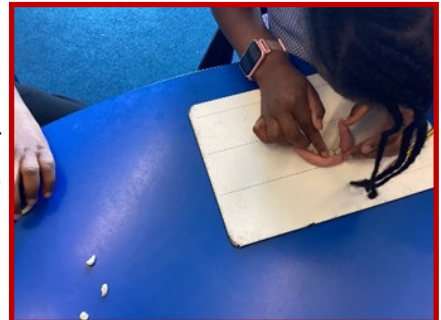
Year Group	Best Attendance	Most Improved	Best Punctuality
EYFS & KS1	Willow Class	Willow Class	Elm Class
KS2	Sequoia Class	Mahogany Class	Cedar Class Mahogany Class

Attendance Matters



Creating Teeth

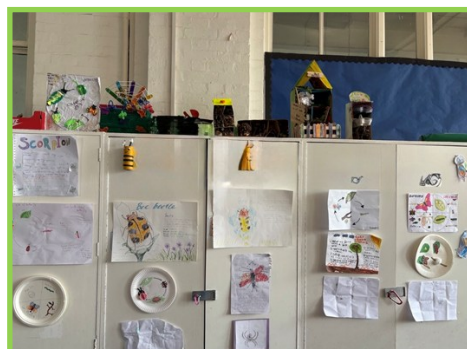
Year 3 and 4 have also been working hard in their science topic this half-term - 'Animals including humans'. One of their recent lessons focused on human teeth. They learnt about the four types of teeth and how they play different roles. They then created their own models of teeth using play dough, focusing on reproducing the four different types.



Minibeast Madness

Year 1 and 2 children have been producing some fantastic homework all about minibeasts.

Well done everyone. You've created a very impressive class display with all that wonderful work.



Join us for a Coffee Afternoon



**MOVING ON UP
YEAR 6
PARENTS & CARERS WORKSHOP**

WITH LAUREN FROM ACL ISLINGTON

WEDNESDAY 14TH MAY 2025
2:15pm - 3:15pm in the Lodge

Adult Community Learning Workshop topics:

- Supporting Your Child's Success and Mental Health: Discover practical strategies for helping your child excel academically while also prioritising their well-being and managing stress.
- Staying Safe Online: Gain valuable tips on how to keep your child safe online, including key things to watch out for and how to guide them in using the internet responsibly.
- Preparing for Secondary School: Explore ways to encourage your child's independence as they transition to secondary school, while ensuring they remain safe and supported

For parents and carers of children with ADHD aged 5-12 years

For parents and carers of children with a diagnosis of Attention Deficit Hyperactivity Disorder (ADHD) aged 5-12 years. This is a 6-week group programme that meets for 1.5-2 hours a week. The group is facilitated by a qualified mental health professional with experience in supporting parents and carers. The group is run several times a year either online or face to face.

The group builds on what parents are doing well and teaches parents and carers skills and strategies to improve and manage difficult behaviour in children in this age group. It also incorporates the **123 Magic™** approaches, which complement and enhance the programme. The sessions cover the following areas:

- Providing information on Attention Deficit Hyperactivity Disorder
- Setting household rules
- Developing and implementing schedules and routines
- Realistic expectations
- Giving clear and calm instructions
- Rewards and praise
- Staying positive and looking after yourself
- The 123 Magic™ approach to effective discipline.

Parenting your Child with ADHD

Group for parents and carers of children aged 5-12 years who have a clinical diagnosis of ADHD

Brandon Centre
Here for Young People

Referrals

To find out more information about the programme and upcoming groups please email us at familyservice@brandoncentre.org.uk

Self-referrals or professional referrals are accepted and can be made by calling **07939 833 069** or emailing familyservice@brandoncentre.org.uk

Contact details:

Brandon Centre
26 Prince of Wales Road
London
NW5 3LG
Tel: 020 7267 4792
Email: familyservice@brandoncentre.org.uk
Website: www.brandoncentre.org.uk

The sensory world - what every parent/carer should know

Wednesday June 11 and Thursday June 12 [Event link](#)



This workshop is aimed for parents/carers who want to know how to problem-solve issues they may be having at home that prevent their child from being able to complete daily activities, such as bathing and dressing but also other activities that the child may want to do. The organisers encourage all parents/carers to attend but particularly encourage those who are not already familiar with sensory processing to watch this 20 minute video which explains sensory processing in more detail before attending: <https://vimeo.com/showcase/10109858/video/788631333>

Supporting toileting independence for children with additional needs

Wednesday, June 18 [Event Link](#)

This information session is for parents and carers with children and young people who are experiencing challenges around toileting at home or at school, related to sensory, physical or environmental barriers.



What to expect:

- To learn about bladder and bowel health in children with additional needs
- To understand about typical development with toilet training and when / why things go wrong.
- To learn strategies to support children to use the toilet independently at home.
- Problem solving session to identify goals around toileting, and identifying individualised strategies to try.

Community Fridge Grows

Once again, beautiful produce arrived this week in our weekly delivery from CitiHarvest - lots of fresh fruit and vegetables as well as chilled meals and yogurts. All available to pick up from the Lab.

Every Tuesday afternoon from 2.30pm

A big thank you to Marcia and the parents and carers who organise the Community Fridge each week!

Special mention to Hubbub who have funded the Community Fridge - we hope to be purchasing a freezer soon so that we can offer frozen foods too. With further funding from Islington Giving we hope to be expanding the food offer in other ways so watch this space!



HUBBUB



Dads, Male Carers and Partners

Stay and Play

Join Bright Start and the Guildhall School's Musical Explorers!

Come and meet other dads, uncles, and male carers from the local area at this **free event**.



Where:

Willow Children's Centre
1A Holbrooke Court, N7 0BF

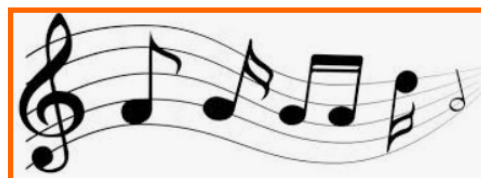
When: Saturday 10 May 10am -12noon

or

Where:

Highbury Bandstand Wildlife Garden
Church Path off Baalbec Road, N5 1QL
When: Saturday 17 May 10am - 12noon

For more info: brightstart@islington.gov.uk



Teddy Bear's Vaccination Adventure

[Teddy Bear's Vaccination Adventure](#) is a new, short, friendly film for young children in North Central London who have questions about the vaccination process. Children can follow Teddy and his young carer as they arrive at a GP practice, meet the helpful receptionist, and get welcomed in by the nurse who puts them both at ease as she gives Teddy a vaccine. Teddy gets a sticker for being very brave and the video ends with smiles.

The film should help children (including those with certain additional needs) understand what happens during an immunisation appointment, offering reassurance about the procedure.

