

THE PAKEMAN PRESS

Thank you for taking the time to read this weekly newsletter. We hope you will find its contents useful.



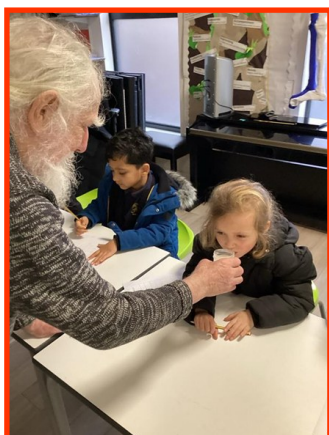
**Pakeman
Primary
School**

Issue 2 Summer Term 2025

Friday 2nd May 2025

Science Club

Science club continues to be a great success at Pakeman. In recent weeks, the group have looked at various things. They've investigated how our sense of smell and sight keeps us safe and how important our teeth are and the dangers of acids on teeth. They have also learnt the importance of hand washing by looking at what dirty hands can do to mouldy bread and they've made explosive reactions, using fizzy drinks and mentos.



A big thank you to Peter, our amazing volunteer scientist, and Nesim for making this club so interesting and such great fun.



Egg Stain Experiment

You will need:

- Selection of glasses
- Selection of fruit juices
- Hard-boiled eggs
- Water
- Selection of soft drinks

The Science:

Our teeth and bones are both made from a substance called calcium. Eggshells are also made from calcium. Our bones protect the organs inside our body and our teeth protect the soft pulp inside them. Similar to this, the shell of an egg protects the egg white and yolk.

Objective: To explore the egg shell as a protective material.

Method:

1. Fill some glasses with the various liquids.
2. Label each glass correctly.
3. Place an egg in each glass and leave it for 24 hours.
4. After 24 hours, examine the eggshells and describe what you notice.
5. Record your findings below

You might like to try Nesim's home science challenge. **You MUST work alongside your parent/carer if you try any experiments.**

Bring photos of your findings into class or send them to your teacher on Class Dojo.

DATES FOR YOUR DIARY

Half Term

Mon 26th May - Fri 30th May

End of Summer Term

Friday 18th July



SUPERSTARS

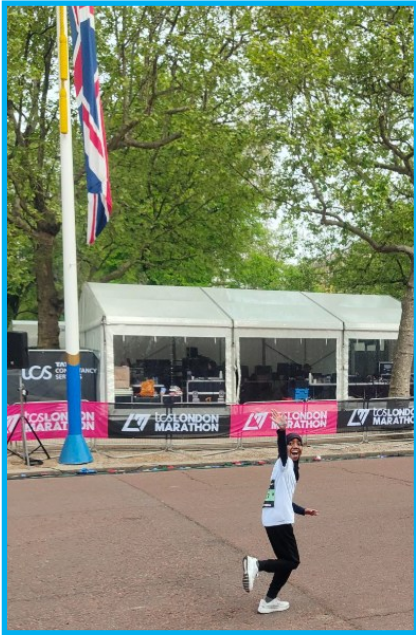


Elm	Hashir
Pine	Nathalie
Cherry	Mustaqeem
Holly	Abu-Bakr
Maple	Deandre
Willow	Zion
Palm	Michaela
Banyan	Zainab
Olive	Ethan
Cedar	Samad
Mahogany	Hana
Eucalyptus	Bonnie-Anne
Sequoia	Mia

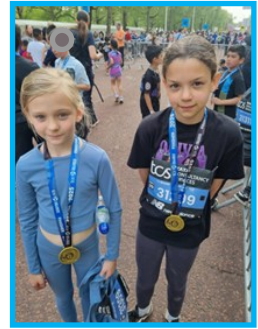


London Mini Marathon

On Saturday 26th April, 30 enthusiastic children from Key Stage 2 ran the London Mini Marathon! They travelled to Buckingham Palace and ran from the Horse Guards Parade all the way down the Mall!



The atmosphere was amazing and all the children crossed the finish line! A special well done to Ryanna for the best time for the 2.6km race and to Abdullah for the 1.6km! Thank you to Coach T, Tracey and Irena who attended the event.



Arsenal Mini Marathon In Schools

Last week many of our children, across the school, also got into the running spirit with a fun run around the Emirates stadium. The Arsenal stadium run was for Reception, Year 1, 2, 4, 5 and 6. It was a special launch event for London Mini Marathon in schools. A very big well done to all the Pakeman children who took part. It was great to see so many really trying their best.





This Pakeman dance group have recently enjoyed being part of Islington Inclusive Dance Festival. They had to learn a great routine which was then filmed and will be screened in order to encourage other Islington schools to sign up and take part in the Highbury flash mob on Thursday 19th June. Very well done everyone. Also, special thanks to Estelle who works creatively with these amazing dancers.

National Gardening Week

It's National Gardening Week this week. The focus in 2025 is new and beginner gardeners. So why don't you celebrate by trying to create a teeny mini garden indoors!



Using eggshells for seed-starting planters has lots of benefits, plus it's a really fun project for children. Click on the link below for the project.

Materials needed:

- eggs
- egg carton
- potting soil
- Seeds
- spray bottle for water



[Seed starters](#)

Did you know? ...



A group of community gardeners meet regularly for friendly, gardening sessions. They run volunteer gardening sessions on Newington Green. This is a lovely opportunity to meet new people and to learn and share new skills. Volunteers meet by the small hut on Newington Green at 10am for a hot drink and a chat before starting on the tasks for the day. Everyone is welcome, though under 16's must be accompanied by an adult. No experience necessary. Equipment, gloves and guidance provided. For dates and more details: [Community Gardeners](#)

Attendance and Punctuality

Year Group	Best Attendance	Most Improved	Best Punctuality
EYFS & KS1	Cherry Class	Under 96%	Elm Class Cherry Class Palm Class
KS2	Banyan Class	Olive Class	Over 3 lates

Attendance Matters



VE Day Parade Monday 5 May, 12noon Parliament Square, SW1A 0AA

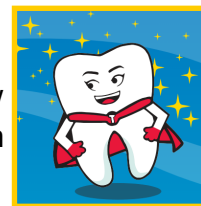
Look out for VE Day celebrations. Watch 1,300 members of the Armed Forces, uniformed services and young people march from Parliament Square to Buckingham Palace. The procession will take place along the Mall on bank holiday Monday and begin at 12noon at Parliament Square.

Look out for an historic fly past from the Red Arrows plus current and historic military aircraft at **1.45pm**. More Info: [VE Day procession and flypast](#)



The Importance Of Dental Health

A regular teeth cleaning routine is essential for good dental health. Follow these simple tips to maintain good oral health and help keep your child's teeth decay-free.



- Brush your child's teeth twice a day – once before bed and once at any other time
- Visit the dentist regularly – trips to an NHS dentist are free for children
- [Be sugar smart](#) – find out how much sugar is in your food
- Make healthier food and drink swaps

These [simple food swap](#) ideas can help cut down on sugar, salt and fat in your and your family's diet. Even just 1 or 2 everyday swaps can really make a difference.



The British Society for Paediatric Dentistry have teamed up with Dr Ranj and Hey Duggee to produce a range of [short videos](#), including a fun toothbrushing song, to help make tooth brushing fun for families.

Did you know that tooth decay is the most common reason why a child is admitted to hospital? 25% of 5 year olds in London have tooth decay according Public Health London.

