

THE PAKEMAN PRESS



**Pakeman
Primary
School**

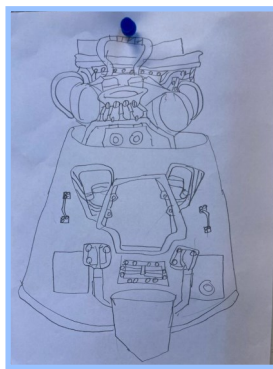
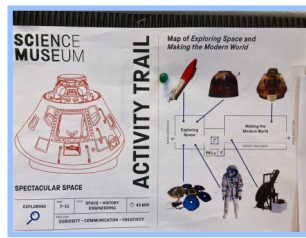
Thank you for taking the time to read this weekly newsletter. We hope you will find its contents useful.

Issue 2 Spring Term 2024

Friday 19th January 2024

Mission To Mars

To kick start their new space related topic, Mission to Mars, year 5 and 6 went to the Science Museum to attend a lecture on our solar system and its place in the universe. They sketched some amazing space exhibits and, on their return to school, did some beautiful pastel pictures of our planets.



This looks like an exciting topic for the phase group and they have clearly made a great start as this lovely work highlights.

Well done year 5 and 6!

Remember that the science museum offers free entry to families and is a great way to spend a cold, wintery day at the weekend. For more details of the exhibitions click on the link:

[Science Museum](https://www.science-museum.org/)

DATES FOR YOUR DIARY

Half Term:

Monday 12th February

Friday 16th February

End of Term:

Thursday 28th March
School closes 1.30pm



SUPERSTARS



Elm	Mykah
Pine	Nala Rae
Cherry	Harley-Rose
Holly	Eliakim
Maple	Neva
Willow	Adam O
Palm	Adel
Banyan	Nasim
Olive	Samad
Cedar	Aminah
Mahogany	Richie
Eucalyptus	Mia
Sequoia	Ethan

Well done Superstars



Attendance and Punctuality

Year Group	Best Attendance	Most Improved	Best Punctuality
EYFS & KS1	Maple Class	Under 96%	Elm Class
KS2	Eucalyptus Class	Under 96%	Over 3 lates



CrEATe Club

CrEATe club started with a wonderful turn out this Wednesday with 12 families coming to create together. The group started on their journals and made some kindness stones for the garden. A big thank you to Marcia for organising this.

If you would like more information about this club speak to Marcia in the playground or email her:

mharris@pakeman.islington.sch.uk



WWW.ARTCAMPSPWITHNINA.CO.UK

St Michael's COFE Primary School
North Road, Highgate N6 4BG

FEBRUARY ART CAMP

FOR CHILDREN AGED 6 TO 11
12TH-16TH FEBRUARY
FROM 10AM TO 3PM

WHOLE WEEK OR DAILY BOOKINGS AVAILABLE
10% OFF WHEN BOOKING THE WHOLE WEEK
10% OFF SIBLING DISCOUNT
ALL MATERIALS INCLUDED

ART camps with nina

10% discount for early bookings for Pakeman families. Discount code ZVJ556

Help us to reach our target please.



easyfundraising



Our 2024 fundraising target is...



£500

Turn your online shopping into FREE donations for



Pakeman Primary School

with easyfundraising

You shop, brands donate towards our fundraising target. It won't cost you any extra.

How to sign up and help us hit our target

- Visit the link below or scan the QR code www.easyfundraising.org.uk/support-a-good-cause
- Search for us
- Your favourite brands donate whenever you spend with them



Download the easyfundraising App



Excellent 3,945 reviews on Trustpilot

SCRAPPLES
PIP THE SPOT!

Perfect for packed lunches & snack times!

SCRAPPLES apple CRISPS HONEY
SCRAPPLES apple CRISPS 100% FRUIT
SCRAPPLES apple CRISPS STRAWBERRY

NATURALLY HEALTHY

NO ADDED SUGAR NOTHING ARTIFICIAL 1 OF YOUR 5-A-DAY SCHOOL APPROVED

LOW CALORIE HIGH IN FIBRE ALLERGEN-FREE SUSTAINABLE

NOW ON OFFER AT MORRISONS!

Morrisons

FIND US IN THE HOME BAKING SECTION

Thank You

The manufacturers, Scrapples, have kindly provided a FREE supply of these new healthy snacks for an entire year group at Pakeman.

For more information click on their link: [Scrapples](#)



Science At Home

We have decided to set you some fun science challenges at home. On a regular basis, Nesim will post an interesting challenge for you to try with your parents and carers.

We would love to see some of your results so feel free to take a photo and let us see what you have been up to. We'll try and show some of your experiments in our newsletter.

Have fun!



Science at home!

Lemon Volcano



What you need: • Pan or tray, lemon cutting knife, butter knife, spoon, measuring cup, bicarbonate of soda (also called baking soda) and food colouring

What to do: 1. Have an adult cut the top and bottom off the lemon so it stands upright 2. Use a butter knife and spoon to break up/partially scoop out the inside of the lemon. 3. Pour some baking soda on top of the lemon. 4. Use the butter knife to mix the baking soda with the inside of the lemon. **Watch what happens!**

Here is a clip of how to do the experiment:

<https://youtu.be/CPOKDru-2ug>

Read up on the science behind this experiment here:

[Make a Lemon Volcano | STEM Activity \(sciencebuddies.org\)](https://www.sciencebuddies.org/activities/make-a-lemon-volcano)

What happens to the food colouring? What happens if you use another type of fruit? Does the amount of baking soda make a difference? What do you think is causing the eruption?



FREE vitamins

for your family's health, from trying to conceive, throughout pregnancy until your child's 4th birthday

Vitamins are free for all Islington families, and do not depend on income

To find your local centre, see www.islington.gov.uk/brightstart or call 020 7527 5959

Family Hubs, Start for Life

Ask your Children's Centre, health visiting team or health centre to find out more and register



Little Feet Physio Drop-in Clinic

For families with children aged 0-5 and an Islington GP

New River Green Children's Centre at 9:30AM - 11:00AM on Mondays below
8 January
19 February
8 April

Archway Children's Centre at 11:30AM - 1:00PM on Wednesdays below
24 January
21 February
20 March
17 April

Bemerton Children's Centre at 1:30PM - 3:00PM on Wednesdays below
17 January
7 February
6 March
27 March

Family Hubs, Start for Life

Does your child have an issue with their hips or legs?
Please come and see a Physiotherapist at any of our Little Feet Physio Drop-in sessions for screening and advice.

No need to book, please arrive at least 30 minutes before the end of the drop-in session. Please do confirm with the children's centre or Physiotherapy admin on 0203 316 1971 in advance. Only available to families registered with a GP in Islington.



Family Support Session: Empowering through Employment & Training!

9:00 - 11:00am

We invite you to our unique Family Support Session with a focus on employment, training and volunteering opportunities.

Meet Mediana, an employment advisor, who will be providing valuable information and support specifically tailored for parents. Plus, Emma from Bright Futures will be around to offer general family support.

We'd love to see you there!

When: Thursday 25th January



When parenting gets challenging, coming together with other fathers and male carers can make a difference to how we feel



'Tree of Life' workshop for Fathers

This FULL DAY workshop will involve you with DRAWING, CRAFTING, and SHARING EXPERIENCES of resilience.

Much like a collection of trees in a forest surviving a storm, we are stronger when we are together!

Saturday 3 February 2024, 9.30-3.30pm

Facilitated by Rosan McCall and Mark Cohen Family Systemic Therapists



To book a place register online at: <https://www.eventbrite.co.uk/e/tree-of-life-fathers-workshop-tickets-775470291517?aff=oddtcreator>

Free NHS Workshop
LOCATION
New River Green Children's Centre
23 Ramsey Walk, London N1 2SX
For fathers and male carers with children aged 1-5 years who live or have a GP in Islington

For further information call Rosan McCall: 07557603326

To book a place register online:

Bright Start Islington offer a variety of parent/carer and baby groups across the borough. To see what is on offer each week check their [timetable](#).

