

THE PAKEMAN PRESS



**Pakeman
Primary
School**

Thank you for taking the time to read this weekly newsletter.
We hope you will find its contents useful.

Issue 9 Autumn Term 2023

Friday 24th November 2023

Early Years - London Mayor of London Award



We are delighted to report that our 2+ centre have just received confirmation that they have achieved the Silver award for HEYL (Healthy Early Years London Mayor of London Award). This award recognises the provision that our 2+ centre gives to our families in support of their health and wellbeing. The award scheme is funded by the Mayor of London and recognises achievements in childcare, well-being and developments in early years settings.

Congratulations to Louise and Irena for this achievement.



Throughout the week, the 2+ children have been very busy extending their learning after hearing some of their favourite stories and rhymes. Their story of the week was *'The Three Little Pigs'* and their song of week was *'Twinkle, Twinkle Little Star'*.



DATES FOR YOUR DIARY



Winter Fair

14th December



Early School Closure:

Prompt school closure 3:30pm on:

12th December 2023

16th January 2024

End of Term

Thurs 21 December

SUPERSTARS



Elm	Jazmine
Pine	Anaiya
Cherry	Kymani
Holly	Asma
Maple	Nisa
Willow	Lamiya
Palm	Xion
Banyan	Ashanti
Olive	Sofia R
Cedar	Aysha
Mahogany	Arsilda
Eucalyptus	Aida
Sequoia	Malone

Well done Superstars



Attendance and Punctuality

Year Group	Best Attendance	Most Improved	Best Punctuality
EYFS & KS1	Under 96%	Under 96%	Over 3 lates
KS2	Mahogany Class	Mahogany Class	Banyan Class



Pudsey Day - Children In Need

Thank you to all those who took part in our colourful 'Pudsey' themed non-uniform day. We raised **£131** for Children In Need.



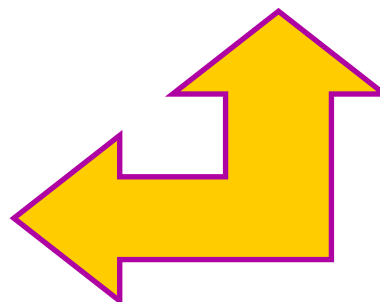
Winter Fair - Help Needed

If you can help with our Winter Fair please contact Marcia.



You can find Marcia in the playground, call her via the school office **020 7607 2575** or email:

mharris@pakeman.islington.sch.uk



Years 3 and 4 - Courtauld Learning Centre

In recent weeks, children in years 3 and 4 have been visiting the Courtauld Learning Centre. They have participated in a range of practical art activities facilitated by specialist educators. These included drawing and printing. Here you can see children using the symmetry of a repeated pattern using Italian and Middle Eastern artefacts.



Bright Start

Bright Start Islington is with you every step of the way, from pregnancy to a child's fifth birthday. You can find services in many children's centres, nurseries, health centres, community centres and libraries across Islington.



Bright Start services are delivered in the North, Central and South areas. A variety of parent/carer and baby groups across are available. To see what is on offer each week check their [timetable](#).

The **Bright Start New Parent's Group** is also available to all parents/carers in Islington who have babies under 4 months old. The group aims to create a welcoming, friendly space where new parents/carers can connect. The group runs across 6 weeks and the common topics of early parenthood are explored including, feeding, sleep, baby development, adjusting to parenthood and emotional wellbeing. For details: [New Parent Group](#)

Cooking Club

We are always so impressed with the children in our Cooking Club. Their latest mission was to use some leftover pumpkin with fresh herbs, from our school garden, to produce something delicious. And they did just that! Here they are making and eating their latest dish - pumpkin gnocchi with herb sauce. It looks absolutely scumptious! As always, thanks to Marcia for her wonderful ideas and the way she inspires so many budding chefs here at Pakeman.

If you want to try to make your own pumpkin gnocchi, here's a recipe - [Pumpkin Gnocchi](#)



We need FUNDRAISING help and we've found a FREE and EASY way that parents and carers can help us here at Pakeman.



Turn your daily shopping into everyday magic for us with easyfundraising

You shop, brands donate to our school. It won't cost you any extra!



easyfundraising

Help us make a difference when you shop.
Visit www.easyfundraising.org.uk



- 1 Visit www.easyfundraising.org.uk
- 2 Sign up and search for us
- 3 Your favourite brands donate to our school whenever you shop with them

Shop with 7,500+ brands including:



THANK YOU
HAPPY SHOPPING!



NHS



If you're pregnant or have children under the age of four, you could get help to buy food and milk.

Apply online for NHS Healthy Start.



www.healthystart.nhs.uk
@NHSHealthyStart



NHS

Need help applying for the NHS Healthy Start scheme?

If you're eligible, we can help you apply.



www.healthystart.nhs.uk
@NHSHealthyStart



How to get in touch

Call **0300 330 2090** to:

- activate your card
- get your PIN
- check your balance
- report your card as lost or stolen

This is an automated service available 24 hours a day, 7 days a week.

If your card isn't working in store, check that:

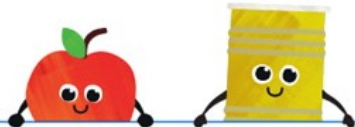
- you have activated your card
- you have entered your card into the card reader and entered your PIN before attempting to use contactless payments
- you are using the right PIN
- you have enough balance on your card to cover the transaction
- the retailer accepts Mastercard® payments
- the items you are purchasing are eligible NHS Healthy Start items

For help, advice, or if you need an interpreter, call **0300 330 7010** or email healthy.start@nhsbsa.nhs.uk

All calls are charged at a local rate.

Find out more about the scheme at: www.healthystart.nhs.uk

Follow us on Facebook and Twitter: [@NHSHealthyStart](https://www.facebook.com/NHSHealthyStart)



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Shopping with your NHS Healthy Start card

Where to shop

You can use your NHS Healthy Start card in most places that sell milk, infant formula, fruit and vegetables and accept Mastercard®.

If you try to use your card anywhere else, the card will be declined. You cannot use your card online.

What you can buy

You can use your card to buy:

- fresh, frozen or tinned fruit and vegetables
- plain cow's milk – this can be pasteurised, sterilised, long-life or ultra-heat treated (UHT)
- fresh, dried or tinned pulses
- infant formula based on cow's milk – this should be suitable from birth

Find out more about what you can buy by scanning the QR code or at www.healthystart.nhs.uk/what-you-should-buy



[Healthy Start Leaflet](#)

[Shopping with your NHS card](#)

If you need support to access these services please speak to Marcia or Natalie.