

THE PAKEMAN PRESS

Thank you for taking the time to read this weekly newsletter. We hope you will find its contents useful.



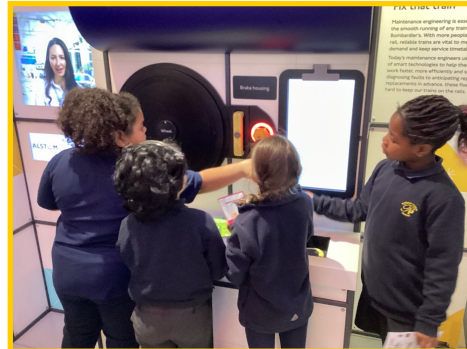
**Pakeman
Primary
School**

Issue 9 Spring Term 2023

Friday 17th March 2023

Year 3 and 4 at the Transport Museum

Connecting their topics of *Journeys* and *Our Local Area*, Years 3 and 4 visited the London Transport Museum to see how people travel around the city and how trains and buses have changed over time. They had a wonderful day and came back with lots of new facts and information.



Pakeman in the Media

Recently we have had a lot of photographers and videographers in our school! Click on the links below to see what the results are:

[Artis](#)

[Outward Bound](#)

[Forest School](#)

[Guide Dogs](#)



DATES FOR YOUR DIARY

17th March
Red Nose Day



23rd March
Year 1 – 6 cinema trip



Easter Holidays:

Break up
Fri 31st March (1.30 finish)

Back to School
Tues 18th April
INSET DAY Mon 17th April



LAST WEEK'S STARS



Indigo	Zuwayda
Lilac	Asma
Silver	Noah
Crimson	Robyn
Yellow	Keira
Gold	Adam
Green	Bailey
Pink	Farida
Purple	Ibraheem
Orange	Nadira
Brown	Toprak
Red	Kyah
Blue	Muhammad

Well done superstars!



British Science Week at Pakeman



As part of British Science Week, Pakeman pupils across the school planned and carried out a range of exciting investigations. These took place throughout the week and were inspired by some of the children's favourite classroom stories. Each phase in school used a different story book to provide exciting opportunities for scientific enquiry. Several of the investigations involved parents and carers working alongside their children, both in school and at home.



We were very lucky to be awarded £300 from the Kick Start grant which enabled us to buy the story books that teachers and children wanted to use, along with the resources needed to support the children's investigations. We are very grateful to Kick Start for this funding.

Classroom exhibition areas are being set up to showcase the wide range of activities carried out and the work produced. These photographs give you a flavour of some of our activities at Pakeman. For more photos take a look at our school website.



Family Learning Sessions

You are invited to come along to Pakeman:

Wednesday 1 st March 9-11am	Numeracy and Literacy for Parents and Carers of Year 1 and 2 children
Wednesday 8 th March 9-11am	Numeracy for Parents and Carers of Year 3 & 4
Wednesday 15 th March 9-11am	Literacy for Parents and Carers of Year 3 & 4
Wednesday 22 nd March 9-11am	Numeracy for Parents and Carers of Year 5 & 6
Wednesday 29 th March 9-11am	Literacy for Parents and Carers of Year 5 & 6

All sessions start at 9am - You can come to as many sessions as you would like, not just your child's year group.

For more information, please speak to Marcia or Natalie



Healthy Eating & Sleep Hygiene Coffee Morning

WITH BECKY MUHIMA
SPECIALIST COMMUNITY PUBLIC HEALTH NURSE

TIME: Thursday 30th March
9AM - 10:30AM
in The Lodge @
Pakeman Primary Sch



Parent/Carer Teacher Meetings Reminder

27th March - Nursery, Rec, Year 3, Year 4

28th March - Year 5 and Year 6

30th March - Year 1 and Year 2

31st March - 2+ (morning)



ASTHMA TRAINING FOR PARENTS & CARERS

WITH MONIQUE RODESANO
FROM THE ASTHMA AND ALLERGY FRIENDLY SCHOOL
SERVICE (NHS)

TIME: MONDAY 27TH MARCH 9AM - 10:30AM
THE LODGE @ PAKEMAN PRIMARY SCH



If you need more information about any training or workshops posted in our newsletter, please speak to Natalie or Marcia in the school playground or call the school office: **Tel: 0207 607 2575**

School Library Petition

Schools always need more ways to get books into schools. Please sign this petition to make school libraries and librarians a statutory requirement.

Access to a school library and a qualified librarian should be the right of every child. Government should create a statutory requirement for every school to have a library and qualified librarian to support the development of learning and reading for pleasure. **Signatures make a difference.** Thank you.



<https://petition.parliament.uk/petitions/634208>

Oral Hygiene in Young Children

Brushing teeth at a young age sets children up to have good teeth and mouth hygiene for the rest of their life. It is important to brush your child's teeth as soon as they appear, and use a smear of fluoride toothpaste as this helps prevent and control tooth decay. Parents/carers should brush or supervise toothbrushing up until the age of 7.

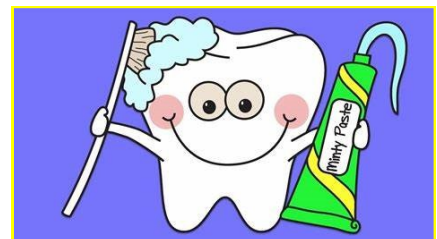
If your child is reluctant to have their teeth brushed, you could try using the [Duggee song](#) to engage them in this daily activity.

Watch this video from Dr Ranj and *Supertooth* for more top tips on how to look after your child's teeth:

[Brushing Teeth - Supertooth](#)

Did you know?...

- ◆ Nearly a quarter of 5 year old children have tooth decay
- ◆ 12% of 3 year old children have visible tooth decay
- ◆ Tooth decay is one of the most common reasons for hospital admission for children aged 5-9



Bright Start Islington - New Groups

[Incredible Years Groups](#) support parents and carers to feel less stressed and become more confident in managing their children's behaviour.

Islington Bright Start and CAMHS are currently recruiting to a number of groups. These courses are for parents and carers who want to strengthen their relationship with their child, learn positive parenting strategies and meet other parents/carers.



Toddler Programme - 9.30 - 12.15 or 12.30 (Thursday mornings beginning on 23rd March)
- The Factory Children's Centre, Matthias Road, London, London N16 8NP

Early Childhood (3-6 yrs) 9.30 - 12.15 or 12.30 (Thursday mornings beginning on 23rd March)
- Bemerton Children's Centre, 1A Coatbridge House, London N1 0DX

Early Childhood (3-6 yrs) 9.30 - 12.15 or 12.30 (Friday mornings beginning 24th March)
- Andover Children's Centre, 55 Corker Walk, N7 7R