# THE PAKEMAN PRESS

Thank you for taking the time to read this weekly newsletter. We hope you will find its contents useful.

## **Spring Flowers in Nursery**

Nursery children have been looking very closely at daffodils this week and creating some lovely artwork.





## Pakeman's Got Talent

A very well done to the winners of *Pakeman's Got Talent*. The winners of our show were Imran (gold) Isolde (silver) Maryah (silver), Aysha (pink), Farida (pink) & Tanzila (blue). As usual, we had some fantastic acts as part of the show.

Thanks to Ben for organising this event and to all the talented children who took part.



FIL

## Free Cinema Trip

This week, Pakeman children from years 1 to 6 were lucky to be able to go to a free screening of *Roald Dahl's Matilda the Musical*. This was thanks to **Into Film**, the UK's leading charity for film in education. They use film to create inspiring learning experiences. For more information: Into Film

Thank you Emma for organising the cinema trip.



Issue 10 Spring Term 2023

Friday 24th March 2023

#### DATES FOR YOUR DIARY

#### Easter Holidays:

Break up Fri 31st March (1.30 finish)

Back to School Tues 18th April

INSET DAY Mon 17th April



## LAST WEEK'S STARS



Indigo Rashad Lilac Joshua Silver Isolde Crimson Louisa Yellow Nassima Gold Savana Green Eromosele Pink Shevari Purple Amelia Orange Ismael Brown Seyf Red Ayoob Blue Isa

ADDNE

Well done superstars!



## **Gardening and Cooking Club**



The past twelve months have been a very busy time for both our gardening club and cooking club. With Marcia's guidance, the children involved in these groups continue to work really hard to improve the health and well-being of our school.

Funding provided, through our school caterers, Caterlink, has been put to very good use, over the past few months. It has enabled Marcia and her busy team of gardeners to improve our school garden facilities. They have created new growing patches, in which school produce is grown and then used to support activities in both cooking club and also in the wider school community.

Please, look out for the occasional school produce that appears at our school co-op.

As always, we are very grateful for the funding support given to us.





#### Parent/Carer Teacher Meetings - Reminder

27<sup>th</sup> March - Nursery, Rec, Year 3, Year 4

28<sup>th</sup> March - Year 5 and Year 6

30<sup>th</sup> March - Year 1 and Year 2

31st March - morning 2+



Well done to our poetry competition winners – Zayna, Leena, Rebecca and Bayan. Also, thank you to everyone who entered our poetry competition. We received a huge amount of wonderful poems. We certainly have a lot of budding poets here at Pakeman. Well done everyone!

#### <u>The Melting Snow-goat</u> By Zayna and Leena (Blue class)

The way this poem shall begin Is with a boy whose name was Fin He's only ten, yet very smart But one thing he's bad at is definitely art

Now that winter has begun Making snowmen is lots of fun He is very lonely and has a good idea To make a snow-dog that fills him with cheer

Now as I said, he's bad at art His dog looks like a goat, this broke his heart He went to bed all full of woe Could his dog come to life? No this couldn't be so!

He was awoken by a bright sun ray To see his snow-dog that began to say: Maaaaaa! A snow-dog? This is not right! Snow-goat is more like it – and he's snowy white!

He lived in a freezer which wasn't enough The heat from the sun was just too tough He's a melting snow-goat, this is really mad! If only he was furry, this would make Fin glad

He went to bed all full of hope Wondering how he would ever cope He drifted off to sleep that night And woke up when the sun was bright

He looked for the snow-goat who was nowhere to be seen And he came across a shocking scene! The snow-goat was merely a small, icy stream He couldn't believe it was all a dream!





## I know this poem...

## By Rebecca (Pink class)

I know this poem will warm your heart So come on then, let's start You might laugh so much you fart!

I know this poem will make you laugh It will split your sides in half!

I know this poem will soon go POP! Sizzle, bang, fizz!

I know this poem will go ... Pop, bang, sizzle, wobble, wiggle, FIZZ!

I know this poem will end like...



<u>The Little Duck</u> By Bayan (Green class)

The little duck In the park saying 'Quack!' Looking for a snack

In my lunch bag He gets stuck! Quack, quack, quack!

Come mummy duck To help the little duck To the pond, take him back!



✤ ISLINGTON

## **Family Learning Sessions**

#### You are invited to come along to Pakeman:

Wednesday 1 <sup>st</sup> March	Numeracy and Literacy for
9-11am	Parents and Carers of Year
	1 and 2 children
Wednesday 8 <sup>th</sup> March	Numeracy for Parents and
9-11am	Carers of Year 3 & 4
Wednesday 15 <sup>th</sup> March	Literacy for Parents and
9-11am	Carers of Year 3 & 4
Wednesday 22 <sup>nd</sup> March	Numeracy for Parents and
9-11am	Carers of Year 5 & 6
Wednesday 29 <sup>th</sup> March	Literacy for Parents and
9-11am	Carers of Year 5 & 6

All sessions start at 9am - You can come to as many sessions as you would like, not just your child's year group.

For more information, please speak to Marcia or Natalie



## **FREE Access to Sports - Reminder**

The Access to Sports project continues to be a great community led sports development charity that operates across the boroughs of Islington, Haringey & Hackney. The project offers coaching programmes in a variety of sports.

They have launched a new holiday timetable.

Activities are FREE and include football, basketball, multi-sports, tennis and roller skating. **Early booking is recommended.** 

For more information and to book sessions please visit:

Access To Sport—Timetable and Booking



#### **Free Healthy Vitamins**

Parents and carers are entitled to important vitamins for free by using their NHS Healthy Start card. Both NHS Healthy Start women's tablets and children's drops are available.

Young children may not get enough vitamin A and D even if they're eating well. Women who are pregnant or breast feeding may not get enough vitamin C, vitamin D or folic acid. Vitamins provided are suitable for vegetarians and halal diets.

You can get the vitamin tablets while you are pregnant and up to your baby's first birthday. They contain:

- folic acid which lowers the chance of babies having spinal problems
- vitamin C which helps the body's soft tissue
- vitamin D which helps babies' bones to develop properly

For more information click of the link: Free healthy start - vitamins

#### **Free Swimming Lessons**

Throughout the school Easter holidays Islington Council and Better are offering more **FREE** swimming lessons. Lessons are on offer for children aged 4-16 years. Sessions take place at Archway Leisure Centre, Cally Pool, Highbury Leisure Centre and Ironmonger Row Baths. There are a variety of time slots available.



NHS

HEALTHY

vitamin drops Suitable from birth to 5 years

Children's

Vitamins A. C and D

10ml (8 weeks supply) 10 mcg of vitamin D per daily dose

For more information and to book a place please click on the link: Free Swimming Lessons