THE PAKEMAN **PRESS**

Thank you for taking the time to read this weekly newsletter. We hope you will find its contents useful.

Lunar New Year

Lunar New Year is a big event for many East and South East Asian people. Families and friends get together to eat lots of delicious food, enjoy fireworks, wear special clothes and hang red lanterns. At Pakeman, some children had their own class celebrations. They made traditional They also tried foods, dragons and lanterns.

including tasty rice cakes and noodles. children have been very busy with their celebrations.











National Child Measurement Reminder

Dates for the National Measurement Programme will be sent out to Reception and Year 6 parents and carers to arrange the weighing and measuring of children in those classes. Parents and carers who do not want their child to take part must return the opt-out slip on the letter to the school reception by 6 February.



Pakeman Primary School

Issue 3 Spring Term 2023 Friday 27th January 2023

DATES FOR YOUR DIARY

STRIKE SCHOOL CLOSURE **Wed 1st February**

Half term:

Monday 13th February Friday 17th February

Lucky Winner

Congratulations go to Laith in Pink class - the lucky winner this week in our prize draw. Laith has won 2 tickets for a tour of the Emirates Stadium.

Well done!





STARS OF THE WEEK



Indigo Lilac Silver Crimson Yellow Gold Green Pink Purple Orange Brown Red Blue

Melina Khang Nasir Ishak Kiah Antony Alisha Nyla Aysha Maria Taseen Aran

Ahmad

Well done superstars!



Attendance and Punctuality

Year Group	Best Attendance	Most Improved	Best Punctuality
EYFS & KS1	Green Class	Under 96%	Crimson Class
KS2	Blue Class	Under 96%	Pink Class
	Aller		2 NCTUALITY



Families, Food & Feelings Parenting Workshop

Free online session for parents and carers of children aged 5-17 who live in or attend school in Islington or Camden.

7th February 10:00-12:00 Online session

The friendly facilitators provide strategies and insight to help parents feel confident in:

- · Making mealtimes enjoyable
- Setting healthy boundaries
- Encouraging children to eat more fruit and vegetables
- Modelling healthy behaviours
- Understanding emotional eating
- Helping children to have a healthy relationship with food and more...

Please register for this session via the Eventbrite Link below:



Email brandoncentre.healthyliving@nhs.net for more information

Pakeman Choir

On Monday, the Pakeman Primary School Choir travelled to the 02 Arena in Greenwich to take part in Young Voices 2023. There were just over 9000 children at the event from different schools across children London and bevond. The performed with a live band, some famous singers and musicians, a beat box collective and an award winning street dance group. The Pakeman Primary Choir were amazing and we are very proud of them.

Choir rehearsals take place on Thursdays after school for children in years 3, 4, 5 and 6. If you are interested in your child joining, please contact the school office.





Road Safety Play

This week, year 5 and 6 watched a play performed by The Riot Act. The play was called 'The incident at Station Road - a crime scene investigation.' The children were presented with a mock-up scene where they listened to witness statements, looked for clues and questioned characters, in order to find out how an accident happened at a zebra crossing.

Thanks to Rob for organising this performance.





Would you make a good Families for Life Community Champion?

Families For Life are looking for volunteers to encourage families in Islington to get active and eat well.

The Families for Life programme offers free healthy eating and active play activities for families with children aged 2 to 11.

To get involved you should be:

- An Islington resident
- . Committed to improving the health of your community
 - . Available to volunteer two to three hours a week

Community Champions will learn about health and wellbeing. They will have access to free training and ongoing support. It's a great opportunity for you to meet new people, improve your communication skills and boost your confidence.

Training for the Families for Life Community Champion programme begins

Thursday 23 February 2023 at Islington Town Hall.

Families for Life Community Champions' Induction Training - FREE

Dates: Thursday 23 February - Thursday 30 March 2022 (6 weeks) Time: 9.30 - 12.30am

If you would like to apply please complete the application form here: https://forms.office.com/e/fU1m5QUCyS

If you have any questions please contact Natasha Miller, Community Champion Co-ordinator on 07974604133 or via natasha.miller@islington.gov.uk



Book Now

We still have tickets available.
Send £1 into school with your
child and Marcia will issue a
Movie Night ticket.



Bring a blanket and cushions to get cosy.

