

THE PAKEMAN PRESS



**Pakeman
Primary
School**

Thank you for taking the time to read this weekly newsletter. We hope you will find its contents useful.

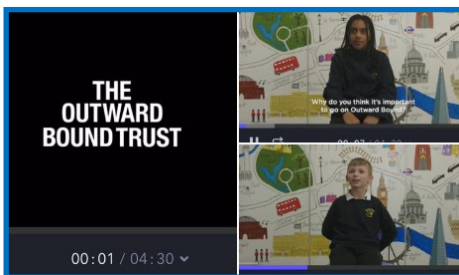
Issue 5 Autumn Term 2022

Friday 7th October 2022

An Evening At Downing Street

Last week, head teacher Emma took part in an inspiring evening at Downing Street and the House of Lords, with some trustees, funders and Outward Bound school journey staff. The evening was to highlight the huge importance of Outward Bound holidays to young children. Some of our Pakeman year 5 and 6 children were filmed recently, talking about the impact of an Outward Bound school journey. They discussed how important school journey was to them, the life lessons they had learnt and what memories they will remember for a very long time to come. The evening at Downing Street included a screening of this special video. How exciting to have this film shown at Downing Street. Have a look at it below:

[Pakeman Outward Bound Video](#)



DATES FOR YOUR DIARY

**Forest School
Pink class**
Wednesdays this term

Half term:
Monday 24th October
-
Friday 28th October

Last Day of Term:
Friday 16th December

**First day back at school
for children:**
Wed 4th January 2023



Artis at Pakeman

Pakeman children continue to enjoy drama and movement in their weekly lessons from Artis. Artis staff are amazing at helping our children to express themselves and have a lot of fun.



STARS OF THE WEEK



Indigo	Icea
Lilac	Nasrine
Silver	Sanaa
Crimson	Khadra
Yellow	Raul
Gold	Cassie
Green	Sofia
Pink	Antonia
Purple	Melissa
Orange	Abdelmalek
Brown	Samarah
Red	Malone
Blue	Hope

Well done superstars!



Attendance and Punctuality

Year Group	Best Attendance	Most Improved Attendance	Best Punctuality
EYFS & KS1	Under 96%	Under 96%	Lilac Class
KS2	Orange Class	Red Class	Over 3 lates



Black History Literature

For Black History Month the Book Trust have put together a booklist of stories from Black History around the world. These books range from picture books to novels for older children.

[Book Trust—Black History Month](#)



Free Swimming Lesson

Throughout the half term and summer holidays Islington Council and Better are offering FREE swimming lessons.

The sessions are designed to improve swimming skills and confidence in the water.

Apply for the **children and family lessons** [here](#).

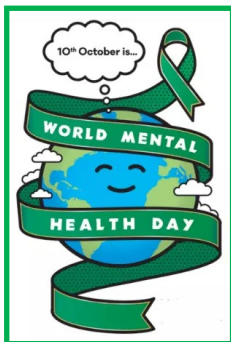
Sessions are taking place at Archway Leisure Centre, Cally Pool, Highbury Leisure Centre and Ironmonger Row Baths. There are a variety of time slots available throughout the holidays.

For more information simply contact summer.lessons@gll.org



World Mental Health Day

10th October is mental health day. This day aims to spread awareness about mental health and the importance of looking after it! It's a chance for us all to talk about mental health and to remember how important it is to reach out if you're struggling.



Yoga

with WengYee

Come and practice together with me a combination of physical postures (asana), breathing practice and relaxation. Beginners welcome.

First session 14 September 2022

WEDNESDAYS
9.15am - 10.15am

THE LAB
PAKEMAN PRIMARY
SCHOOL

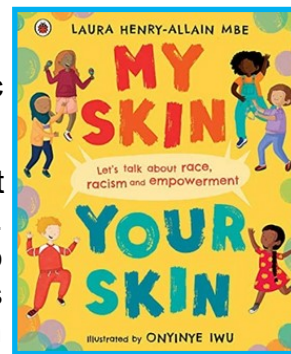
PRICE
Drop in - £10
Half term - £48 (6 sessions)
Concession rates available
please email me on wengyee6@gmail.com

Advance booking required
www.wengyee6.com

Black History Month In Reception

The reception children have linked Black History Month to their topic 'Who Am I?' this week.

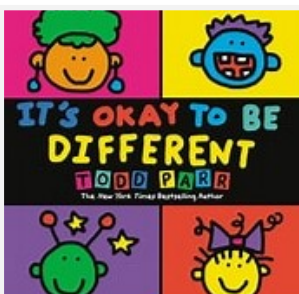
They began by reading the book 'My Skin, Your Skin' and talked about the differences they notice between the colour of their skin, eyes and hair. They talked about how important it is to be proud of who they are and to celebrate their differences. The children then used different colour paints to each try and mix the colour of their skin and then created their own individual handprints.



Black History Month In 2+

Our 2+ children have been exploring the story 'It's okay to be different' by Todd Parr. They have been using their experiences of play and learning as a way to explore their feelings and emotions at different intervals of the day. They talked about being sad when leaving a parent and feeling happy when someone is being kind. Another activity was to look at things they like and don't like and discuss how this makes them feel.

The children also looked at how they are similar and different to each other. They created self portraits using mirrors.



2+ children all agreed that, most of all, singing and dancing with their friends made them feel very happy and excited!

So they have been singing "If you're happy and you know it dance around"



**Take some chairs and tables
And let them settle together,
Then overrun them with people.**

**Remove the bad behaviour after approximately 100 years.
Add lots of kindness and stir vigorously.**

**Mix some words, pictures and colour,
Then take a blend of books, science, maths and spellings.
Combine with some English
And turn up the heat.**

**Sprinkle some fresh food for lunch together
With some spoons, forks and knives.
Then add to the melting pot.
Leave the ingredients to simmer.**

**As they mix and blend allow their wisdom to spread
Binding them together with happiness.
Allow time to be cool.**

Add some friends, serve with more and enjoy.

**Note: All the ingredients are equally important.
They're for you to learn and make friends.**

Warning: Be kind to others even if they're different

**A poem by Maryam (Red Class)
inspired by
Benjamin Zephaniah**