

THE PAKEMAN PRESS



**Pakeman
Primary
School**

Thank you for taking the time to read this weekly newsletter. We hope you will find its contents useful.

Issue 2 Autumn Term 2022
Friday 16th September 2022

Greetings from Cumbria



School journey staff and children have made us all very jealous with this beautiful photo, taken on their trip this week. They have had a wonderful adventure and a busy, fun packed time.

We all very much look forward to hearing all about their trip on their return to school.



DATES FOR YOUR DIARY

5/6 School Journey
12th - 16th September

Half term:
Monday 24th October
-
Friday 28th October

Last Day of Term:
Friday 16th December

First day back at school for children:
Wed 4th January 2023



STARS OF THE WEEK



Indigo	Zayne
Lilac	Zayne
Silver	Noah
Crimson	Rizwana
Yellow	Yasir
Gold	Mylie
Green	Nasim
Pink	Rebecca
Purple	Munira
Orange	Skyla-Rose
Brown	Elizabeth
Red	Ayoob
Blue	James

Well done superstars!



New Staff

We welcome two more new Pakeman staff this week.

Satia will work in classes across both key stages. Sam will join Nerissa as part of our art therapy team.

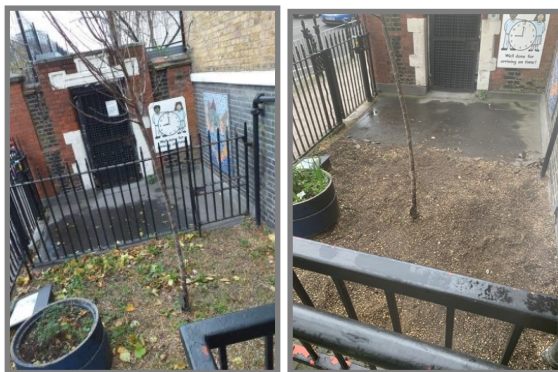


Satia Sa Dias
LSA



Sam Pepper-Haederle
Art Therapist

Pakeman Garden Transformation



Before



After

A huge thank you to Marcia and the Rainbow Gardeners for completing their garden project. They have been responsible for giving the site, at the front of our school, a wonderful transformation over the past few months. Their project is now complete and they are looking forward to watching their seeds and plants grow. Completing this project has also helped the gardeners to earn the RHS level 4 award. Congratulations to them!

This project was very kindly funded by the Metropolitan Public Gardens Association. They awarded £360 to the gardeners towards the cost of compost, bark, tools and seeds. We are so grateful to the association and in particular to Mandy Kidd and Nicola Freshwater, who believed in our project and put the idea forward to the trustees. Thank you to everyone involved.

Yoga

with WengYee

Come and practice together with me a combination of physical postures (asana), breathing practice and relaxation. Beginners welcome.

First session 14 September 2022

WEDNESDAYS
9.15am - 10.15am

THE LAB
PAKEMAN PRIMARY
SCHOOL

PRICE

Drop in - £10

Half term - £48 (6 sessions)

Concession rates available

please email me on wengyee6@gmail.com

Advance booking required

www.wengyee6.com



Healthy Start

Department of Health funded scheme which supports families with children under 4 years and pregnant women to eat well and get the vitamins they need for healthy development.



If you are receiving income support, you may be able to receive a Healthy Start prepaid card.

You could receive £8.50 per week if you have a baby aged under one year, £4.25 per week if you are pregnant, and £4.25 for each child aged under 4 years old. You can use this to buy cow's milk, fresh and frozen vegetables, and infant formula.

For more information and to apply for Healthy Start, visit <http://www.healthystart.nhs.uk/>.



If you need help applying please come and see me. I am happy to do this with you.

Marcia: Child and Family Support



Do you have what it take to be a Parent Class Representative?

What does a Parent Representative do?

The Parent Class Representative helps to build the social interaction among families in the school community, the teacher and the Rep Coordinator

Helps notify parents about meetings and coffee mornings.
Feedback to school on broader topics and interests parents would like support with.

Encourages parents to get involved with school activities in some way, however small, throughout the year.

Time commitment

Parent Class Reps do not have to carry a load. Their role is to encourage *all* parents to get involved.

TO NOMINATE YOURSELF AS A PARENT CLASS REP

Contact: mharris@pakeman.islington.sch.uk

FRIENDS OF PAKEMAN PTA

INTERESTED IN JOINING US ON THE PTA

Topic this term

Food security
creating a food hub
creating a food co-op

What are your thoughts on how we can help each other buy and save food?

What can the school do to help?

JOIN US
FRIDAY 30TH
9:10 AM
IN THE LODGE
COME ALONG FOR A CHAT AND SHARE YOUR IDEAS

WE NEED YOUR VOICE