

THE PAKEMAN PRESS



**Pakeman
Primary
School**

Thank you for taking the time to read this weekly newsletter.
We hope you will find its contents useful.

Issue 9 Spring Term 2022

Friday 1st April 2022

School Holidays

Browse through our newsletter this week for some ideas about where to go and what to do during the holidays. Many sports events are free and lots of parks and museums in London also offer free entry and have events on throughout the holidays. For some ideas take a look at this link: [Family Free Places In London](#)



Take a London bus

If you fancy a fun journey around London to see the sights from the top deck then why not create your own London Bus Tour? Children under 11 travel for free with a fee paying adult. The best London bus routes for sightseeing are:

[Number 11](#) and [Number 73](#) (click to see journey)



Do Something Unusual - PEDAL POWER DISCO

This free pedalling disco is powered by bicycles. There are no batteries, so when the pedalling stops, the music stops.

Where: South Bank Centre

When: Saturday 16 April. 11.30am & 2.30pm.



Topic Related Learning

The Imperial War Museum is offering a range of free activities - including a free guided family mission to learn about chocolate and just how important it was during the Second World War.



Contact the museum for details of activities and their Story Seekers adventure. Tel: [020 7416 5000](tel:02074165000)



Whatever you do in the holidays, make sure you stay safe and have fun!

DATES FOR YOUR DIARY

Easter Holidays:

Break up
Fri 1st April **1.30pm**

-
Back to school
Wed 20th April

INSET DAY
Tues 19th April

Playcentre

Please Note:

Playcentre will be closed on these dates:

20th April
28th April

STARS OF THE WEEK



Indigo	All children
Lilac	Leo
Silver	Adam
Crimson	Nassima
Yellow	Bailey
Gold	Omar
Green	Kais
Pink	Hasnaa
Purple	Anwar
Orange	Ibrahima
Brown	James
Red	Kara
Blue	Sebastiano

Well done superstars!



Attendance and Punctuality

Year Group	Best Attendance	Most Improved Attendance	Best Punctuality
EYFS & KS1	Yellow Class	Silver Class	Silver Class
KS2	Orange Class	Under 96%	Brown Class Red Class



Name Tags

All jumpers should have name tags in them to avoid clothing getting muddled. This problem occurs much more in the summer term, when children often take their jumpers off in the playground.

You can really help us help save time in school by making sure all school jumpers have names in them.

Thank you.



Holiday Activities and Food Programme



Highbury Roundhouse in partnership with Islington Council, is providing FREE Holiday Playscheme provision for your children during the holidays, along with free activities, and healthy and nutritious lunch meals.

All activities are free for families with children from Reception to 11 years old, who are eligible for benefits such as free school meals, children with an Education Health and Care Plan (EHCP), and children with a social worker or family support worker.

For further information, please contact Julie Day

Email: julied@highbury-roundhouse.org.uk **Telephone:** 020 7359 5916

Fashion Show Success

Congratulations to Adel, Ilan and Imran's mum - Maria Belete, on her successful fashion show. Maria has been taking part in an Islington funded training course facilitated by FC Designer collective. Below is more info on the course:

<https://www.fashioncapital.co.uk/retail-space-designer-workspace/>



INTENSIVE SWIMMING LESSONS IN ISLINGTON 4TH - 15TH APRIL

Lessons running in all pools over Easter. 1 week intensive over 2 weeks 4th - 8th April and 11th-15th April
Times vary at each centre. Price £25 for 1 week

For more information please speak to a member of staff or visit

<https://www.betterlessons.org.uk/onlinejoining>



Islington Play Association

Islington Play Association continue to run their adventure playgrounds on behalf of Islington Council. These adventure playgrounds do not charge – they are free for any child to use. However, some playgrounds run additional services that are charged for.

IPA Playgrounds currently open include:

- ◇ **Crumbles Castle**
- ◇ **Toffee Park**
- ◇ **Timbuktu**
- ◇ **Paradise Park**
- ◇ **Lumpy Hill**



To find out more about how to register your child to attend these playgrounds, please click on the link: [Islington Play Association](#)



FREE Access to Sports Project

The Access to Sports project is a community led sports development charity that continues to operate across the boroughs of Islington, Haringey & Hackney.

The project offers coaching programmes across a variety of sports. They have launched a new holiday timetable. Activities are **FREE** and include: **Football Basketball Multi-sports Tennis Roller skating**

For more information and to book sessions please visit:
[Online Booking & Timetables](#)



On Friday, April 8th, Access To Sport will be running a Community 7 a side football competition. Children in years 5 and 6 who would like to take part can find out more information by clicking here:

[Community Football Competition](#)



Islington Children's Holiday Bikeability

Islington Council offers **free** Bikeability cycle training for children aged between 5 and 12 in the school holidays. These courses are available to suit your child's age and ability:

Beginners – learning to ride (age 5 and up)

Level 1 Bikeability – off-road control skills (5-9 years)

Level 2 Bikeability – on-road training for more confident riders (9-12 years)



For more information and to book visit the link: [Islington Children's Holiday Bikeability](#)

WORLD AUTISM ACCEPTANCE WEEK 2022
28 MARCH — 3 APRIL



Why Autism Acceptance?

Today, society has a greater awareness of autism than ever before.

But autistic people often still face barriers, from bullying and prejudice to limited job opportunities and access to services.

Education about autism is important but it's not enough if it does not bring change.

Let's go beyond awareness of autism. Let's accept, embrace and celebrate autistic people.



WORLD AUTISM ACCEPTANCE WEEK 2022
28 MARCH — 3 APRIL

Actually autistic adults in the real world
"A day in our lives..." by Jenny Bristol



AUTISM AWARENESS FAMILY FUN DAY

COME AND JOIN US RAISE MONEY FOR A GREAT CAUSE. ALL MONEY RAISED ON THE DAY WILL BE DONATED TO THE NATIONAL AUTISM AWARENESS CHARITY.

SATURDAY 2ND APRIL 2022

TIME: 2PM TILL 6PM

PLACE: HACKNEY SHOWROOMS

4 MURRAIN ROAD

KINGS CRESCENT ESTATE

LONDON

N4 2BN

Small Local Business Are Coming Together To Sell Products & Bring Fun Things To This Amazing Fun Day.

Bouncy Castle, Face Painting, Glitter Tattoo, Food & Drink, Stalls, Popcorn Machine & Big Raffle!!! Please Come Along and Join In with All The Fun & Help Us Raise Money.



World Autism Awareness Day aims to put a spotlight on the hurdles that people with autism and others living with autism face every day.

World Autism Awareness Day also helps us to share and celebrate the unique talents of those adults and children with autism.

If you need support in relation to autism or would like to find out more please visit:

[Autism Speaks](https://www.autismspeaks.org/)





Bright Start Islington
Every child | Every family



Would you like to be a Parent Champion?

What do volunteer champions do?

- Talk to parents about free under 5 childcare
- Encourage families to access services
- Share health and wellbeing messages
- Help shape and develop Bright Start Islington services
- Enhance own skills, boost personal development and gain a new qualification

Calling on dads, mums and carers who:

- > Live in Islington
- > Have child/ren under 5
- > Use Bright Start services
- > Enjoy talking to other parents
- > Can volunteer two to three hours a week

Interested? Contact us!
Selda Aygun, Parent Involvement Development Officer
t: 020 7527 6835; e: selda.aygun@islington.gov.uk
or speak to staff at your local children's centre

Parent Champion training course
10 May - 28 June 2022
7 sessions
Tuesdays 9.30am-12.30pm
Archway Children's Centre
Vorley Road
London N19 5HE

What's on offer?

- 15 places available
- Flexibility to fit volunteering around your daily routine
- Accredited Level 1 training course
- Crèche and travel expenses paid during training
- Information, ongoing support and further training opportunities




Family Art Workshops

The Estorick Collection is a family friendly gallery offering a range of free Family Art events in the holidays.

Adults and children are able to explore the exhibitions and take part in a range of workshops.

[Family Events and Education - Estorick Collection](#)



Courses for Parents and Carers

Staff at the Old Fire Station Community Centre are looking to encourage more local people to attend some of their classes. These include:

- *Egyptian Dance for Women* – Tuesday's 2.15pm to 3.15pm – on Zoom.
- *Tai-Chi* – Friday 11.30am – 12.30pm – both in-person at the Old Fire Station & on Zoom.
- *Creative Writing* – 1st & 3rd Thursday every month. Next classes 7th & 21st April.

Booking is required - by email firestation@hng.org.uk or call 020 7607 9794.

Further information can be found at: www.hng.org.uk



FREE TAI CHI

"I broke my arm and wrist rather badly early last year. Tai Chi was very helpful in aiding my recovery as well as encouraging my general health and wellbeing."

Tai Chi participant

JOIN NEIL, OUR FRIENDLY TAI CHI INSTRUCTOR

At the Old Fire Station (84 Mayton Street, N7 6QT) & on ZOOM: Every Friday - 11.30am to 12.30pm

Contact us to book / 020 7607 9794 or firestation@hng.org.uk

www.hng.org.uk | 020 7607 9794



EGYPTIAN DANCE FOR WOMEN
EVERY TUESDAY
2.15PM TO 3.15PM - ON ZOOM
FREE - BEGINNERS AND EXPERIENCED WELCOME

"The class is so inclusive and has this incredible range of people from different people from different backgrounds, different nationalities."

"Definitely helped my mental health - cheered me up & gave me a feeling of connection with a group."

TO BOOK
EMAIL: [FIRESTATION@HNG.ORG.UK](mailto:firestation@hng.org.uk)
CALL: 0207 607 9794

[WWW.HNG.ORG.UK/EGYPTIAN-DANCE-FOR-WOMEN](http://www.hng.org.uk/egyptian-dance-for-women)

HOLLOWAY NEIGHBOURHOOD GROUP
THE OLD FIRE STATION
84 MAYTON STREET
HOLLOWAY
N7 6QT

020 7607 9794
[FIRESTATION@HNG.ORG.UK](mailto:firestation@hng.org.uk)
[@HNGFIRESTATION](https://www.hng.org.uk)
[WWW.HNG.ORG.UK](http://www.hng.org.uk)



CREATIVE WRITING FOR WELLBEING

"A great big thank you to all my fellow participants and our wonderful teacher. Our sessions have been a really big bright spot for me and the worksheets have been a brilliant inspiration to keep on writing."

Marion
Creative Writing participant

JOIN OUR FRIENDLY CLASSES

On ZOOM - 1st & 3rd Thursday every month.

www.hng.org.uk | 020 7607 9794