



Intimate Care Policy

Review Date: October 2021

Next Review Date: October 2022

Ethos Statement

Pakeman School offers a positive and safe learning environment for its community, in which everyone has equal and individual recognition and respect. We celebrate success and are committed to the continuous improvement and fulfilment of potential in every child. Everyone within the school has an important role to play in sharing responsibility for the development and implementation of this policy.

This school is committed to safeguarding and promoting the wellbeing of all our children.

Introduction

Intimate care is any care which is associated with invasive procedures relating to bodily functions, bodily products and personal hygiene which demands direct or indirect contact with or exposure of intimate parts of the body, such as cleaning up after a child who has soiled themselves.

In addition, some children may need help with dressing/undressing or using the toilet. Most children can carry out these functions themselves but it is recognised that some are unable to due to physical disability, learning difficulties, medical needs or needs arising from the child's stage of development.

This Intimate Care Policy has been developed to safeguard children, support staff and ensure good practice is followed. At Pakeman Primary School all staff are checked with the Disclosure and Barring Service (DBS) and we are committed to ensuring that all staff responsible for the intimate care of children will undertake their duties in a professional and caring manner at all times. We believe that the intimate care of children cannot be separated from other aspects of their learning and development and we believe that every child has the right to feel safe and secure. We do not discriminate against children who have not reached a stage where they can manage their own personal hygiene and as such welcome all children to participate in our school and provide appropriate support for each child on an individual basis. We recognise the need to treat all children with respect and dignity when intimate care is given. No child should be attended to in a way that causes distress, embarrassment or pain.

Aims of our policy

- Safeguard the rights and promote the welfare of all children and young people including those who may be more vulnerable
- Provide guidance and reassurance to staff whose duties may include intimate care
- Assure parents and carers that staff are knowledgeable about personal care and that their child's individual needs and concerns are taken into consideration
- Remove barriers to learning and participation, protect from discrimination and ensure inclusion for all children and young people within our setting.

Our approach

Individual intimate care plans will be drawn up for particular children as appropriate to suit the circumstances of the child. We will work with parents/carers of a child who requires intimate care to establish a preferred procedure for supporting the child. Where these procedures may require specialist training, we will seek out training for the staff who will be involved in a child's care, ensuring that the child's key-person and at least one other member of staff accesses the training.

Staff members who are **known to the child** will take on that responsibility for changing children. The staff member who is involved will always **ask the child for permission** to assist them. The child will be supported to achieve the highest level of autonomy and independence that is possible given their age and ability. Careful consideration will be given to each child's situation to determine how many carers might need to be present when a child is toileted. **Where possible one child will be catered for by one adult** unless there is a sound reason for having more adults present. Changing will take place in the 2+ / Nursery or Reception toilets or in the disabled toilet if the allocated spaces are not accessible. It is the parent's/ carer's responsibility to provide nappies but school will provide wipes, aprons and gloves.

Working with parents/ carers

We believe that our partnership with parents/carers is an essential principle in our setting and is particularly necessary in relation to children needing intimate care. We recognise that the information required to carry out intimate care is gained from parents/carers as is prior permission (see Appendix 1). We acknowledge that cultural influences may affect what is deemed 'intimate' and ensure we pay regard to social, ethnic and cultural perspectives through open dialogue with parents/carers. Parents/ Carers should be encouraged and empowered to work with staff to ensure that their

child's needs are identified, understood and met. When any intimate care is carried out on children with individual care plans, it will be recorded on their own personal record (see appendix 2). All information concerning intimate care procedures is recorded and stored securely.

We appreciate that sometimes children have toileting 'accidents' which are out of character for them. In the event of this, and in the absence of a personal intimate care plan, the child would be fully encouraged and supported to achieve the highest level of autonomy that is possible given their age and ability. Staff will encourage the child to do as much for his/herself as possible and parents/carers will be informed the same day. On the rare occasion that a child is soiled to a point where they are unable to be cleaned to a comfortable state, parents/carers would be contacted immediately so that the child could be taken home to shower/bathe.

Child Protection

Child Protection procedures will be adhered to. All children will be taught personal safety skills carefully matched to their level of development and understanding to build their confidence and assertiveness about their own body and its worth. Confident and assertive children who feel their body belongs to them are less vulnerable to abuse.

If a member of staff has a concern about physical changes in a child's presentation, e.g. marks, bruises, soreness etc. s/he will follow our safeguarding procedures.

If a child becomes distressed or unhappy about being cared for by a particular member of staff, the matter will be looked into and outcomes recorded. Parents/carers will be contacted at the earliest opportunity as part of this process in order to reach a resolution.

If a child makes an allegation against a member of staff, all necessary procedures will be followed.

Allegations of Abuse

Personnel working in intimate situations with children can feel particularly vulnerable. This school policy can help to reassure both staff involved and the parents/carers of vulnerable children. Action will be taken immediately should there be a discrepancy of reports between a child and the member of staff. Where there is an allegation of abuse, the guidelines in the Child Protection procedures will be followed.

Health and Safety

Guidelines for Changing Children:

- Changing will take place in the 2+ / Nursery or Reception toilets or in the disabled toilet if the allocated spaces are not accessible
- If possible children should be changed standing up or using a changing table that the children can climb onto, to avoid staff lifting children
- The child's skin should be cleaned with a disposable wipe
- Nappy creams/lotions should be labelled with the child's name and used only if prescribed for that child - they must not be shared
- Disposable gloves should be worn when changing. If the child is wearing a nappy, it should be folded inward to cover faecal material and double wrapped in a nappy bag. Soiled nappies should be disposed of into the bin provided. The disposal bin should be lined and emptied daily, replacing the used bin liner
- Any soiled or damp clothing should be placed in a plastic carrier bag
- Once the child has been changed and removed from the changing area, the surface should be cleaned with an antibacterial detergent spray or wipe and left to dry
- Gloves, apron and any items used for cleaning the changing area will be wrapped and disposed of
- Hands should be thoroughly washed afterwards
- Complete the intimate care record

Policies

These guidelines should be read in conjunction with policies:

- Health and Safety Policy
- Child Protection and Safeguarding Policy
- Administering Medicine Policy
- Complaints Policy

This policy is reviewed every 2 years. The governors may, however, review the policy earlier than this, if the government introduces new regulations, or if the governing body receives recommendations on how the policy might be improved.

Appendix 1

(Letter to parents/carers outlining policy/procedures and their consent to carry out 'intimate care')

Dear Parents/Carers,

I am writing to you regarding occasions when your child may need support with intimate care routines. We have drawn up the attached guidelines to ensure that your child's needs are met in a professional and dignified manner at all times.

I would be grateful if you could sign and return the slip below once you have read the guidelines and agree to the school carrying out 'intimate care' procedures when necessary.

Thank you,

Emma

- I have read a copy of the School's 'Intimate Care Policy.'
- I agree to the school carrying out 'intimate care' on my son/daughter when necessary.

Name of parent/carer:	Signed:
Name of child:	Date:

Appendix 2

TOILET TRAINING/CHANGING RECORD - To be completed after each 'intimate care' activity

Child's name	Adult's name	Date and time	Other comments