THE PAKEMAN PRESS

Thank you for taking the time to read this weekly newsletter. We hope you will find its contents useful.

Message from Lynne

Pakeman do not recommend anyone at the school to use **TIKTOK.** It is not age appropriate for our pupils. TikTok is one of the most downloaded apps in the world. This video-sharing platform encourages users to make short videos which can be easily edited and shared with the world. If you haven't heard of it there is a good chance your children have. Despite the seemingly harmless nature of the app, it is **rated 12+ on the app store** and users do not always post age appropriate content. **National Online Safety** have created a useful guide to help parents and carers understand exactly what TikTok is all about. This has been attached with this week's newsletter. Please read.

Silly Billy

In years 5 and 6, we have been doing some work on emotional wellbeing in PSHE. We read 'Silly Billy', which is about a young boy who worries about lots of different things. He asks for help but nothing takes his worries away until his grandma shows



him her worry dolls. He overcomes his fears by sharing his feelings. We then decided to make our own worry dolls to take our fears and worries away.



Is your child worried?

Whatever their worry, it's important to talk to your child. Let them know you're listening. Encourage your child to talk to you or another trusted adult about how they feel. **NSPCC** have got tips on how to have difficult conversations. Remember, this doesn't always have to be face-to-face – they might find it easier writing their thoughts down. For more guidance visit: <u>https://www.nspcc.org.uk/keeping-children-safe/away-from-home/at-school</u>



Pakeman Primary School

Issue 3 Autumn Term 2020 Friday 25th September

DATES FOR YOUR DIARY

Half term: Monday 26 Oct—Fri 30 Oct

Last Day of Term: Friday 18th December

First day back at school for children: Monday 4th January 2021





Some of Islington libraries are now open. Safety for all remains top priority so the library services across the borough are opening in phases. The following are now open:

020 7527 7823
020 7527 6953
020 7527 7965
020 7527 7801
020 7527 7921

Services are under constant under review. Before visiting please do call to check your local library opening hours.

P4C QUESTION

Discuss this question at home, sharing your thoughts and ideas:

If you could change just one thing about the world, what would it be?

STARS OF THE WEEK





Adeyan (pink class)



Attendance and Punctuality			
Year Group	Best Attendance	Most Improved Attendance	Best Punctuality
EYFS & KS1	Silver class	_	Lilac Silver, Gold Yellow
KS2	Blue class	Blue class	Pink Purple Orange Brown Blue
GRE47 BUNCTUALIT	Who was the best class last week?		

Word of the week

PROBABILITY

Definition:

• the chance that something will or will not occur.

Use of the word *probability* in a sentence:

There are a lot of dark clouds today so there is a strong probability that it will rain later.





Year 3 and 4 Hope Topic

We have had a great start to our new whole school topic on hope. In Year 3 and 4 we have focused on the theme of hope for change. We discussed our hopes for a world where everyone is treated equally. We used a screen printing technique to produce posters that celebrate equality, diversity and empowerment.

If you would like to create a poster like this at home follow these instructions.

Step1: Draw a picture and write a word using bubble letters on a piece of card Step 2: Cut out the picture and letters

Step 3: Place the picture and letters on a piece of plain paper

Step 4: Paint the whole piece of paper and then peel off the picture and letters





Year 3 and 4 Mindfulness

There is a lot happening in the world right now and it is important to look after ourselves. In Year 3 and 4 we have been taking some time to practise some mindfulness each day. **Mindfulness** means taking the time to slow down and really notice what you are doing. Being mindful is the opposite of rushing.

We have spent time focusing on creating some artwork and we have been using a website called **Go Noodle** to practise breathing exercises.