

# THE PAKEMAN PRESS

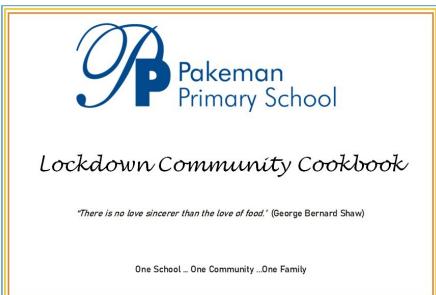
Thank you for taking the time to read this weekly newsletter.  
We hope you will find its contents useful.

## Dear Parents/Carers

It is half term next week and we hope you all have a restful break.

## Pakeman Lockdown Community Cookbook

We are absolutely delighted to present our Pakeman Lockdown Community Cookbook, which contains recipes provided by children, staff and governors. Please visit our website at <https://www.pakemanprimary.co.uk/news/pakemans-lockdown-community-cookbook/> for a copy. Thank you so much to everyone who has contributed recipes. We hope you will enjoy browsing through them and trying out some of the recipes at home. If you would like to contribute any further recipes, you can continue to do so on ClassDojo. Please provide a clear picture of your recipe and of the final dish. You can also include pictures of stages of the cooking process if you like.



## The Book of Hopes

The Book of Hopes: Words and Pictures to Comfort, Inspire and Entertain Children in Lockdown is a collection of short stories, poems, essays and pictures contributed by more than 110 children's writers and illustrators. It is free to children and families and is dedicated to hospital staff. You can read the book here: <https://literacytrust.org.uk/family-zone/9-12/book-hopes/>

## Homeskool Beatbox Adventures

Check out Homeskool Beatbox Adventures at <https://www.youtube.com/watch?v=RQI0lrp2AQ0> live every Thursday at 2pm for 6 weeks. It aims to empower children and support NHS charities at the same time!



## Pakeman Primary School

Issue 5, Summer Term 2020

Friday 22nd May

## A message from the school's therapists – Rachael and Sophie

It's Mental Health Awareness Week and the theme is KINDNESS:

"The ultimate source of happiness is not money and power, but warm-heartedness" – Dalai Lama

For children - Don't we feel warm inside when someone is kind to us? It happens too when we are kind to others. Here's a sweet little film about [kindness](#).

For families - **Kindness cards** Why not write a kindness card with a drawn front and a kind comment about a family member inside? Everyone can make one for each family member. You could even sit with each other to hand them out and read them out loud.

For parents/carers - It's Mental Health Awareness Week this week and the theme is KINDNESS. Remember to be kind to yourself in these uncertain times. Here are some [self-care ideas](#) so you can treat yourself.

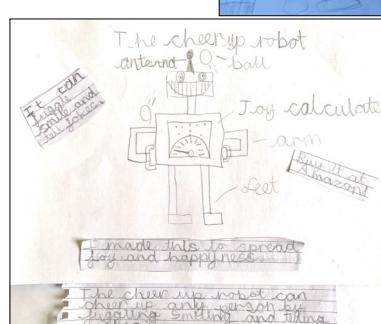
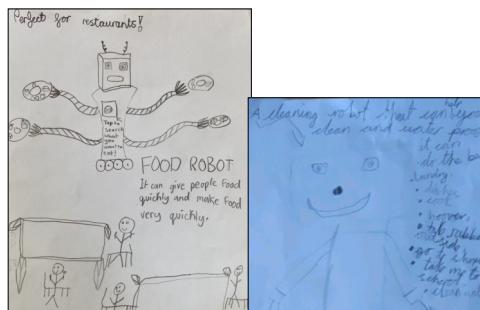
## Word of the week

### Invent

**Definition:** to create or design something that did not exist before.

**Use of the word *invent* in a sentence:**

Years 3 and 4 invented some incredible robots to make household and other tasks easier and better.

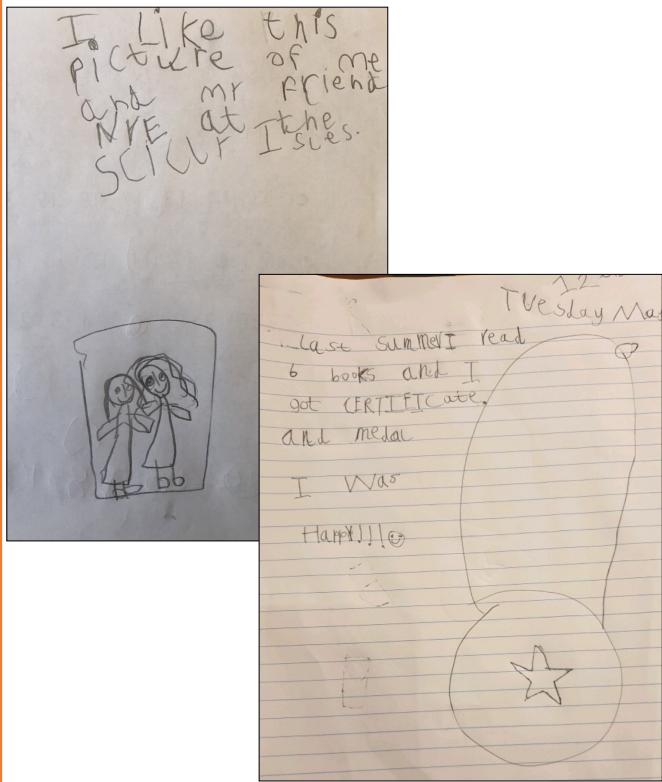


## P4C QUESTION

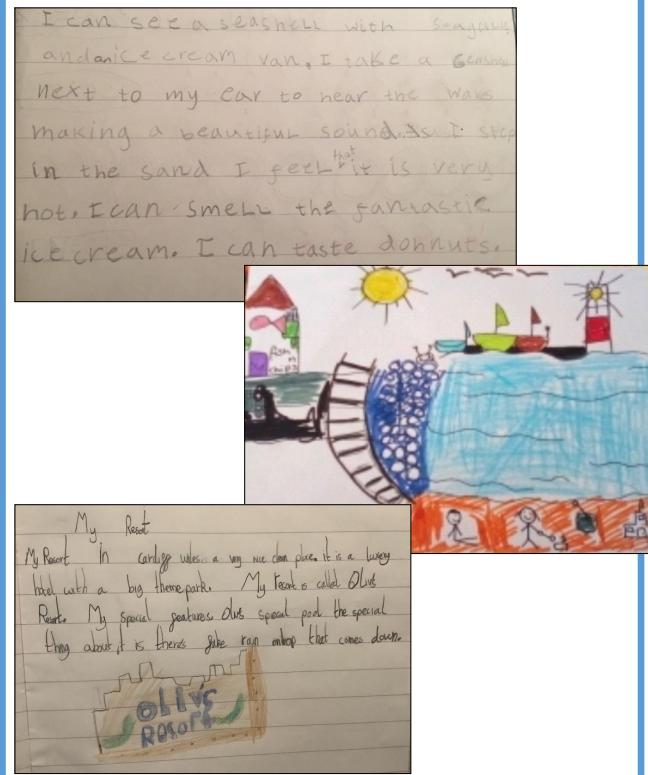
Is it always good to have choices?

## A Focus on History Learning

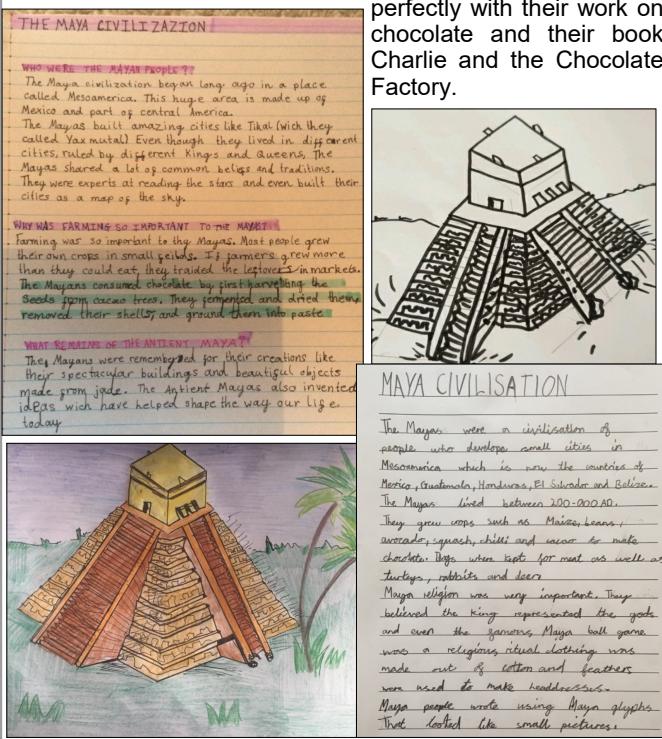
**EYFS:** Our Early Years classes have been talking about family history and personal history. Parents were asked to share a particularly happy memory with their children. Then the children sent photographs or did drawings of these to share.



**Years 1/2:** Gold, Yellow and Green classes have been writing about the Victorian seaside, comparing their experiences with our own beach trips today. They found there are lots of differences, but also similarities! The children have even researched seaside towns in other countries.



**Years 3/4:** Pink, Purple and Orange Classes did some amazing research on the Maya civilisation in central America, people who were very familiar with the cacao bean – linking perfectly with their work on chocolate and their book Charlie and the Chocolate Factory.



**Years 5/6:** Having studied World War 2 and the Blitz in the Autumn term, Brown, Red and Blue Classes joined in celebrations of the 75th anniversary of VE Day with posters and writing about the nation's celebrations in 1945. They also wrote letters and diaries as explorers from throughout history as part of their topic.



If all this fantastic work on history by the children has inspired you, why not try out some games on the Tower of London website at: <https://www.hrp.org.uk/schools/learning-resources/undercover-time-explorer-tudor-kitchens-game/#gs.68lavy>