

Staying in lockdown

You have probably already heard of the word 'coronavirus'.
Coronavirus is a virus that can make people sick.



Like any other virus, coronavirus, can spread if people do not follow the recommendations made by doctors and the government.



Sometimes the government and the doctors might tell us to stay in lockdown.



indoor

Lockdown it's another word for staying at home.

When you are in lockdown you are not allowed to leave your home.

It's ok. There are many things that I can do when I am at home.

These are the things I like to do when I am at home:

.....

.....

.....

.....

When I am in lockdown I might get bored of staying home. That's ok.
Everyone gets bored sometimes. I can try to remember that it is no-one's fault if I have to stay home.



It's what the government and the doctors tell we must do so the virus doesn't spread.

I can also try to remember that it won't last forever and that everyone in the country is doing the same.



Everyone in my home will be happy with me for following the rules of the lockdown.

My teachers and friends will also be proud of me for following the government recommendations.

Lockdown rules



 <p>indoor</p>	Stay indoor
	Listen the adults
	Only go outside once a day for exercise

Add more rules here