

BETTER LEISURE CENTRES JUNIOR NEWSLETTER

• Feb Half Term •

Introduction

Hello!!! This is the first newsletter of 2017 for Islington School Pupils from GLL. This edition is all our half term holiday information for children in one place. I hope you enjoy reading and find useful, if you have any questions please do not hesitate to contact me on katy.summers@gll.org

Swimming Lessons – Preschool – Stage 6

Intensive lessons are a great introduction to swimming lessons or as a booster to achieve those last few objectives in a stage to move up. Lessons run Monday – Friday 30 mins per day and start as little as £18.50 (with a membership card). We will be running them at:

- Archway Leisure Centre (9-10am)
- Cally (9-11am)
- Highbury Leisure Centre (9-11am)
- Ironmonger Row Baths (1-3pm)

To book please go to website on www.betterlessons.org.uk or pop into the centre to book in person

Rookie Lifeguard

For children who can swim 25m and are looking for new aquatic skills we have a rookie lifeguard course running at Highbury Leisure Centre during half term Monday – Friday 11.00am-12.00pm. Your child will learn skills such as rescue techniques from entries to tows, survival skills and basic CPR and first aid. Prices start from £18.50 for the week long course. For more information contact us on 020 7704 2312 or book at www.betterlessons.org.uk

Mini Water Polo

Looking for a new aquatic activity to try? Mini Water Polo is running this half term at Archway Leisure Centre. This is a great introduction to water polo learning the basics of the sport from movement, shooting and passing to more complex skills and techniques.

Running Monday – Friday 10am-11am in half term and prices from £18.50

To book please go to website on www.betterlessons.org.uk or contact us on 020 7281 4105 for more information

Sobell Holiday Programme

Our daily holiday programme is perfect for getting your kids active. Our highly qualified staff will keep them entertained with a variety of sports and activities. It's the perfect place for children to try a new sport, make new friends, and have a lot of fun...Activities include Ice skating, trampolining, gymnastics, bouncy castle and a giant games zone.

Times: 10.30am – 3.00pm Monday – Friday during holidays

Costs: £8.25 (non member), £6.35 (member), £5.25 (concession member)

Ages: 5-16 years old (children under 8 have to be accompanied by an adult)

To book please contact us on 0207 609 2166. Tickets can be booked in advance or purchased on the day

Tennis Courses

The school holidays offer a great opportunity for some intensive tennis tuition. Our courses are taught by experienced LTA qualified instructors. Take a look at what we've got on offer this school holiday:

Islington Tennis Centre Tennis Camps (Market Road, London, N7 9PL)

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the feel good place

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Monday 13th February to Friday 17th February

Group ages: under 9's: 10.00am – 12.00noon, over 9's: 1.00pm - 4.00pm

Prices for under 9's: Standard £70, Member £59.50, Concession £34.50

Prices for over 9's: Standard £104.25, Member £88.50, Concession £51

Football Courses

Do you know we run Holiday Football camps at Whittington Park Football Pitch during half term? 10am -3pm Monday – Friday. Costs are £25 for non members and £20 for members (weekly tickets only available)

All children attending need to wear weather appropriate clothing and bring adequate refreshments and also shin pads

To book please go to www.betterlessons.org.uk or call 0203 793 6880 for more information