

THE PAKEMAN PRESS



**Pakeman
Primary
School**

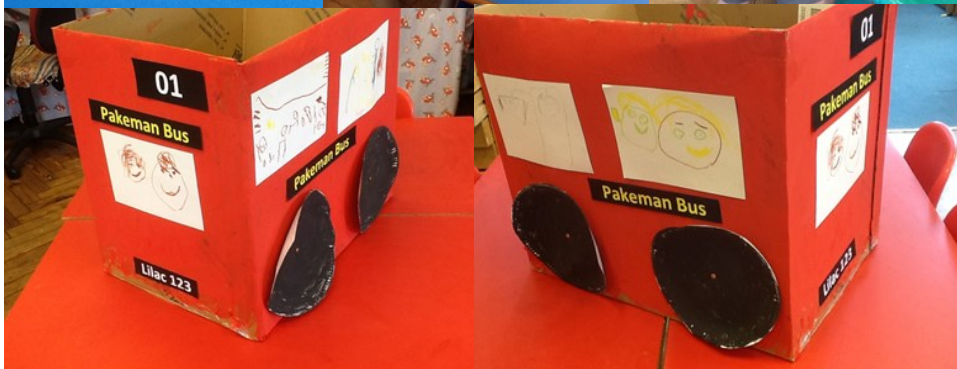
Issue 8 Summer Term 2021

Friday 25th June 2021

Thank you for taking the time to read this weekly newsletter. We hope you will find its contents useful.

Nursery – Keep On Moving

This term Nursery's topic is 'Keep on moving!' As a home learning project the children were asked to make a model of their favourite transport. Here some of the amazing models they made. The children have also been making large scale models in class. The children are learning about different types of transport and different ways of moving.



Important Dates:

**Year 6
Chessington Trip**

Wed 30th June

Last day of term

Wed 21st July - 1.30pm

**THANK
YOU DAY**



Over 16 million people in Britain are planning to take part in the country's first ever national **Thank You Day** on Sunday 4th July. If you would like to get involved or organise an event click on the link for more information:

[Thank You Day](#)

STARS OF THE WEEK



Mya	2+
Monroe & Adel	Lilac
Khadija	Silver
Adam	Crimson
Almira	Yellow
Mersadie	Gold
Joan	Green
Mohamoud	Pink
Ayoub	Purple
Kayla	Orange
Zuleka	Brown
Adam	Red
Mikaeel	Blue

Well done superstars!

Click here for [The Wheels On The Bus with sign language.](#)

Attendance and Punctuality

Year Group	Best Attendance	Most Improved Attendance	Best Punctuality
EYFS & KS1	Crimson class	Silver class	—
KS2	Pink class	Pink class	—

Who was the best class last week?



Word of the Week

METAMORPHOSIS

- A complete change made by some living things, such as a caterpillar changing into a butterfly.

Use of the word *metamorphosis* in a sentence:

Through metamorphosis, a frog develops from an egg to a tadpole and then to an adult.



Emirates Stadium - Free all-access stadium tour for everyone vaccinated!

Everyone who gets vaccinated at the Emirates will be entitled to a free, behind the scenes stadium tour. This will either be on the day, if your jab is between 10am and 4pm, or you'll get a voucher to return on another date if tours are fully booked or unavailable.



If you have relatives or neighbours aged 18 or over who haven't had their jab yet, encourage them to book too, or bring them along on the day so they can get a walk-in appointment.

How To Book

If you are registered with an Islington GP, are eligible and haven't had your first dose yet, you should have received a text message inviting you to book your appointment. Use the link in the text message to book at this event at Emirates Stadium.

If you have already booked your first appointment at another location, but would rather come to this event, please make sure you cancel your original appointment as soon as possible and book through Eventbrite or call the **We are Islington helpline** on **020 7527 8222**

Covid 19 - IMPORTANT NOTICE

IF YOUR CHILD HAS COVID 19 SYMPTOMS THE WHOLE HOUSEHOLD MUST ISOLATE UNTIL A TEST HAS BEEN CARRIED OUT. No siblings should be in school if a member of the household has symptoms.

It is very important that you follow these rules:

- ◆ If your child has symptoms they must stay at home and not go to school.
- ◆ If someone in your household has symptoms, all children must stay at home and not go to school.
- ◆ If any child has symptoms they must get tested immediately.

What is a symptom of Covid-19?



High temperature



New, continuous cough



Loss of/change in taste or smell

Years 1 and 2 – Minibeasts

Years 1 and 2 have been doing some amazing work as part of their Minibeasts topic. They have been looking closely at their resident class caterpillars. They watched as each caterpillar shed its skin to form a chrysalis. This inspired the children to do some great writing. They then made dried clay superbugs and painted them in their habitats.



FREE SWIMMING LESSONS IN ISLINGTON THIS SUMMER

Throughout the summer holidays and in partnership with Islington Council, we are proud to be able to offer a variety of FREE swimming lessons for children and families. Lessons will include:

- Adult and child lessons - 5 week course for under 3's
- Swim Lessons for 4 -13 year olds - intensive lessons Monday - Friday for 1 or 2 weeks
- Teen swimming lessons 13 -16 year olds - intensive lessons Monday - Friday for 1 or 2 weeks
- Family swim lessons - 5 week course for up to 2 adults and 2 children to learn to swim together and enjoy the pool together

See timetable overleaf:

For more information and to book, email summer.lessons@gll.org

FREE SWIMMING LESSONS

Islington council have a variety of free different swimming lesson options for families to choose from - including the rare chance to learn to swim together, as a family. Swimming is an important life skill that will enable you to safely enjoy the water for a lifetime so why not take up this amazing opportunity to learn this summer.



Click on the link for timetable details: [Islington Free Swimming Lessons](#)

The Stress Project

The Stress Project is part of a Registered Charity - Holloway Neighbourhood Group. For more than 25 years, this project has provided low-cost counselling, complementary therapies and social support for disadvantaged local people who experience mental health issues and who would otherwise not be able to afford such therapeutic support. They hold monthly outdoor mindfulness sessions. **For information call 020 7700 3938**



MINDFULNESS CLASS

Thursday 4pm - 5pm
IN-PERSON & ON ZOOM

MINDFULNESS IS THE PRACTICE OF FOCUSING YOUR ATTENTION ON BEING IN THE PRESENT, WITHOUT JUDGEMENT. IT IS CLINICALLY PROVEN AND DESIGNED TO HELP IMPROVE SLEEP, DE-STRESS AND REDUCE ANXIETY.



FREE FRIENDLY RELAXED

Booking required. Contact us for joining details.

The Stress Project
020 7700 3938
stressproject@hng.org.uk
www.stressproject.org.uk

