

# THE PAKEMAN PRESS



**Pakeman  
Primary  
School**

Issue 7 Summer Term 2021

Friday 18th June 2021

Thank you for taking the time to read this weekly newsletter. We hope you will find its contents useful.

## Welcome Back Natalie

We are very excited to welcome Natalie back to Pakeman after her recent maternity leave. Natalie is returning 4 days a week (Monday to Thursday) and continuing her role as Child and Family Support Worker. We are also very pleased to inform you that Marcia will be staying at Pakeman for another year. In light of this year's unusual circumstances (Covid), we have made the decision to expand our inclusion team so that we can increase the level of intervention and support we provide for your children.

Our inclusion team now includes:



**Tracey**  
Inclusion Lead



**Natalie**  
Child and Family Support



**Marcia**  
Child and Family Support



**Rachael**  
Art Therapist



**Nerissa**  
Art Therapist

If you would like to speak to any of our School Inclusion Team do please let the office know and they can arrange for someone to contact you. **Tel: 020 7607 2575**

## Important Dates:

### Year 6 Chessington Trip

Wed 30th June

### Last day of term

Wed 21st July - 1.30pm

## Highbury Fields Parkrun

A free 5k run takes place every Saturday at 9am in Highbury Fields. You need to register beforehand. The event started in 2011. On average 180 people attend every week. To watch a video and get more information visit:



[Highbury Fields  
Parkrun](#)

## STARS OF THE WEEK



**Tasfiah**  
**Amos**  
**Bailey**  
**Giran**  
**Nina**  
**Imran**  
**Tommy**  
**Mumin**  
**Ismael**  
**Redon**  
**Berlain**  
**Irem**  
**Alexis**

**2+**  
**Lilac**  
**Silver**  
**Crimson**  
**Yellow**  
**Gold**  
**Green**  
**Pink**  
**Purple**  
**Orange**  
**Brown**  
**Red**  
**Blue**

**Well done superstars!**

## Help On Your Doorstep



Help On Your Doorstep are holding their next 'pop up' event this **Friday, 18<sup>th</sup> June** at Finsbury Park Community Hub 2.30-4.30pm. Please feel free to pop along if you feel you need some help or advice. The flyer is on the back of this newsletter.

## Attendance and Punctuality

Year Group	Best Attendance	Most Improved Attendance	Best Punctuality
EYFS & KS1	Yellow class	Lilac class	Crimson class
KS2	Purple class	Brown class	Brown class



Who was the best class last week?



## Word of the Week

### SUBSTANTIAL

- Of great size, value or importance.

Use of the word *substantial* in a sentence:

Substantial numbers of people watched the football on TV this week.



## Arsenal Competition Winners

Congratulations to Mohammed, Jet and Alesha from Brown class. They were the winners of an Islington schools competition to design a picture to be put on a running bib. Mohammed's design won overall first prize for the whole borough! The judges said that his design...

- . was very colourful
- . the sun is shining
- . there are lots of children on the road, creating a sense of community
- . there is a lovely rainbow behind the words NHS
- . the virus with the no entry sign was a lovely touch, showing the virus is not welcome.

The three children were thrilled to receive their prizes which were goody bags donated by Arsenal F.C.



## 2+ - Whatever Next

This week children in 2+ have been reading 'Whatever Next' by Jill Murphy.

They have been busy making rockets, helping Baby Bear to pack his snacks and get ready to visit the moon. They have also been practising their number skills by singing and doing their own countdown (5,4,3,2,1) as they sing 'Zoom, Zoom, Zoom' (we're going to the moon).



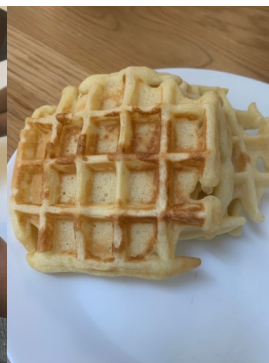
If you would like to listen to this story at home click on the link: [Whatever Next](#)



## Cooking Club

This week, Marcia's Cooking Club made blueberry sauce from scratch and freshly made waffles, served with banana. They considered this a great way to get in some of their 5 a day! If you'd like to have a bash at making waffles take a look at the recipe in the link:

[Waffle Recipe](#)



## Healthy Start - vitamins and food vouchers

Healthy Start is a Department of Health funded scheme which provides low-income families and pregnant women with **free vouchers every week**.

These vouchers can be spent on milk, fresh and frozen vegetables, first infant formula and used to collect vitamins for both mothers and children up to the age of 4.

For information on this national Healthy Start programme and guidance on eligibility and how to apply please visit:

<http://www.healthystart.nhs.uk/>.



## Windrush Day

Windrush Day takes place on 22 June. On this day in 1948, the ship 'MV Empire Windrush', docked in Tilbury bringing around 500 workers from the Caribbean. This was to help fill labour shortages at the time. After the second world war, Britain desperately needed workers to help rebuild the nation.

Windrush Day is an opportunity to honour the invaluable and lasting contribution of the British Caribbean community and the half a million people who travelled to the UK to help rebuild Britain.

Listen to Professor David Olusoga read the story, '**Coming to England**', a book written by Floella Benjamin whose family are part of the Windrush generation.

### [David Olusoga reads Coming To England](#)

This book will help you to have conversations with your child about Windrush Day itself, as well as open the dialogue around anti-racism. You can also visit the Book Trust and read Floella discussing her book.



### [Floella Benjamin discusses Coming To England](#)



There is a range of information available about Windrush Day and The Windrush Generation which you might like to share with your child. BBC Newsround have several videos and some interesting information: [Newround - Windrush](#)

To find out more about this year's Windrush Day visit the website:

[Windrush Day 2021 | Celebrating Great Britain's DNA](#)

## Outreach Support Practitioner

Hello Pakeman Parents & Carers



My name is Teresa Connolly and I am the Outreach Support Practitioner for Pakeman Primary School. I will be coming into school on **Tuesday 22nd June** and will be taking individual appointments between 9:30-11:00 am. Please contact Marcia and she will book you in to see me.

### A bit about me:

I have worked in Islington for many years based mostly in the Children's Centres. I have facilitated groups for children and families especially those who have additional needs and speech and language delay.

### What I can do:

I provide support for you and your family to access the wealth of local services Islington has to offer. I can provide you with help and advice about benefits, housing (practical issues such as repairs or neighbour conflict) employment and parenting plus a range of activities that are available for you and your family to access through our partner agencies.



**Come and see us at  
Finsbury Park Community Hub**

**Friday 18 June, 2.30pm - 4.30pm**

**Please wear a face mask unless exempt**

### **We can help if you**

- would like to make friends and meet people (this could be online, over the phone or in person)
- would like to improve your health and wellbeing
- need help with essentials like food and heating
- need advice on a wide range of issues including debt, employment, housing, welfare benefits and family matters.

We are an independent Islington charity and have been working with residents since 2009.

Help and advice for free.  
Everything they have told  
me has been on point.

*Islington resident*

They give me  
encouragement and help  
me to look forward. I feel  
proud again.

*Islington resident*

**Contact us, Monday – Friday 10am – 4pm**

**Phone 020 3931 6080    Email [connect@helponyourdoorstep.com](mailto:connect@helponyourdoorstep.com)**

**Text 07800 005426**



**[www.helponyourdoorstep.com](http://www.helponyourdoorstep.com)**