

THE PAKEMAN PRESS



**Pakeman
Primary
School**

Issue 2 Summer Term 2021

Friday 30th April 2021

Thank you for taking the time to read this weekly newsletter. We hope you will find its contents useful.

Welcome Back

All the staff and children would like to say a huge welcome back to Gill and Jack. Both staff have been working from home for many months and



their presence has been sincerely missed around the school. Jack has been back for a few days now and we can't wait to have Gill back in the school building on Tuesday. Welcome back to both!

Important Dates:

Bank Holiday
Monday 3rd May

POLLING DAY
Thursday 6th May

(school closed both dates)

Daily Mile Runners



Please remember

Friday 30th April is a special running day as Pakeman children will be involved in a nationwide daily mile event in school. **England Does The Daily Mile** is a fun event which aims to get as many primary school children as possible running on the same day.

[The Daily Mile.](#)

A Tribute to Denise

As a tribute to our dear friend and colleague, Denise, staff held a fitting ceremony in her honour during the INSET day last week. Beautiful words and readings were shared. Staff also released some purple balloons.

In Denise's memory, a tree has been planted and a lovely engraved bench has been added to our playground to give our Pakeman community a place to sit and reflect.



Taekwondo Black Belt at Pakeman

A huge well done to Omar in Brown Class who has recently been awarded his Taekwondo black belt and certificate in the Black Belt 1st Poom ceremony. Omar goes daily to Bozdag Taekwondo and has been doing this for more than 6 years. Very well done Omar!



Did you know? ...

Taekwondo means the way of the fist and foot. Tae means foot, kwon means hand and do means way. It is a martial art from Korea.

STARS OF THE WEEK



Bella	2 +
Raphael	Lilac
Nasim	Silver
Tyler	Crimson
Yaqub Ahmed	Yellow
Suki	Gold
Anwar	Green
Danait	Pink
Amira	Purple
Ayaan	Orange
Ella	Brown
Alicia	Red
Blavin	Blue

Well done superstars!

Staff Appreciation Week

Teacher Appreciation Week is taking place next week across the nation. This is traditionally a celebration in recognition of teachers and all the contributions they make. However, we would like to extend this lovely celebration to include all our amazing Pakeman staff.



We would love next week to be a time when parents and children feel encouraged to show appreciation for the hard work all our staff do. On **Tuesday, 4th May** we will hold a **Staff Appreciation Day**. If your family would like to show staff how much you appreciate what they do perhaps you could do something special on Tuesday. You could send a note on Dojo, make a card, or bake something delicious for staff to share. Please note: any baking contributions should be vegetarian and nut free. Thank you.

A Message From Gussy

As much as we were really grateful to Gussy for his delicious ice creams, he was equally really grateful to all of you for your wonderful thank you messages. Gussy sent us this:

Hi, I got home from work and I am completely overwhelmed and was not expecting such a lovely surprise. I am lost for words and stood there like a Cheshire Cat. Please say a huge thank you to all the pupils for their kind words and beautiful pictures. So much effort has gone into them and I am really chuffed. Thank you so much. Have a lovely evening, Gussy xx 🍦

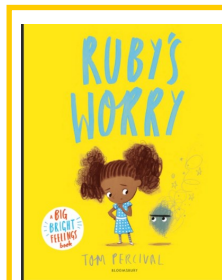


Dealing with Anxiety in Young Children

Children can often be sensitive to the world around them. They may feel anxious when they are experiencing challenges such as issues with friendships, conflict in the home or other changes that they are struggling to cope with. If issues are not dealt with they can develop into anxiety. If you have any concerns please speak to school as soon as possible. You can also speak to your health visitor or GP. Further support is available through many organisations, such as Family Lives.



If you would like further advice they have a helpline on **0808 800 2222** and an online [live chat service](#). You can also look at issues shared by other parents by looking at their [online forums](#).



If you have a young child that is feeling anxious you may find it helpful to watch this video and share the story '[Ruby's Worry](#)' by Tom Percival .

Please Note: At Pakeman we have also recently updated our [school website](#) to connect you with many more organisations that are available to help parent, carers and children cope with anxiety. The web links also relate to other aspects of emotional well-being and mental health.

Attendance and Punctuality

Year Group	Best Attendance	Most Improved Attendance	Best Punctuality
EYFS & KS1	Crimson class	Yellow class	Green class
KS2	Blue class	Red class	More than 3 lates



Who was the best class last week?



Word of the Week

GRATEFUL

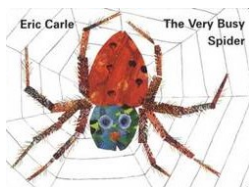
- Feeling or showing that you are thankful for something that has been done for you.

Use of the word **grateful** in a sentence:

Zehra was very grateful for all the cards and presents she received at her birthday party.



2+ Creating Spiders



Children in 2+ have been very busy this week. They have been having lots of fun making scary spiders and spider's webs after reading their story of the week 'The Very Busy Spider' by Eric Carle.



Oral Health

Despite efforts to encourage better brushing and trips to the dentist, tooth decay remains a problem for young children. About a quarter of children aged five years continue to experience tooth decay in England. Tooth decay is preventable. Lockdowns have made regular visits to the dentist very difficult. This animated story, [The Tale Of Triumph Over Terrible Teeth](#), has been produced and provides great tips to improve the oral health of young children. It brings together messages about looking after teeth through good tooth care and healthy eating in a fun story suitable for 4 to 7 year olds.

