

# THE PAKEMAN PRESS



**Pakeman  
Primary  
School**

**Thank you for taking the time to read this weekly newsletter. We hope you will find its contents useful.**

Issue 12 Spring Term 2021

Wed 31st March 2021

## Well-being Award

School continues to work towards the Well-being Award. This award provides us with a framework to constantly think about and improve our efforts to support our staff, our pupils and our parents and carers in the best way possible. To achieve this award we need your help. We will be sending home two short surveys on Dojo. One will be sent to key stage 2 children to complete and another to a number of parents and carers. We very much value the views of our school community and would really appreciate if you could take the time to complete the survey should you receive one. This survey was originally planned for last term but lockdown and remote learning led us to delay this.



## Important Dates:

**Spring Term Ends**

Wed 31st March

**Return To School**

Tues 20th April

**STAFF INSET DAY**

Mon 19th April

**(school closed)**

**POLLING DAY**

Thurs 6th May

**(school closed)**

## Name Tags

All jumpers should have name tags in them to avoid clothing getting muddled. This problem occurs much more in the warmer months when children take their jumpers off more often. **Please** help us by making sure all school jumpers have names in them.

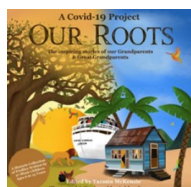


## STAR OF THE WEEK



Tamir	(yellow class)
Rayan	(2 Plus)
Jesse	(Nursery)
Omar	(Silver) class)
Taheem	(Crimson class)

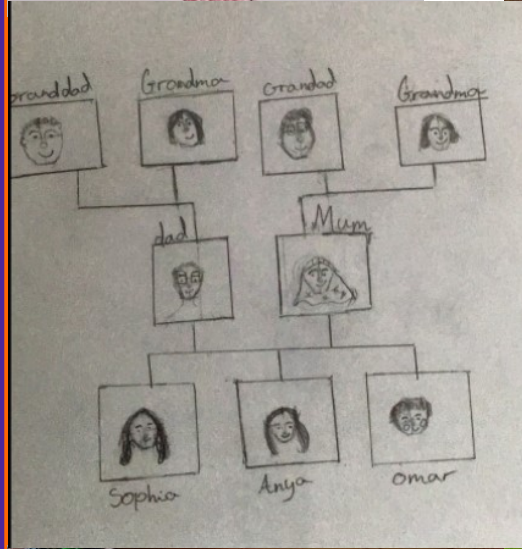
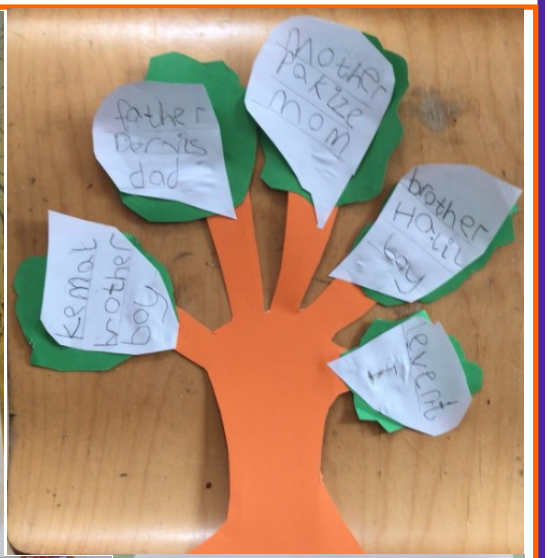
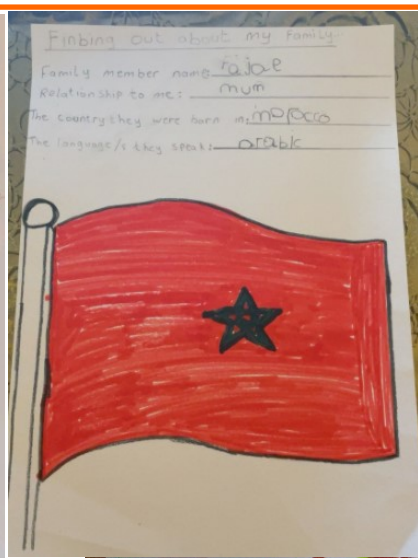
## Roots Project



During the first lockdown, 27 children from all over the world put together a book of inspiring stories about their grandparents and great-grandparents. The book is called '**A Covid 19 project - Our Roots**' and was written to maintain connections within families during isolation and lockdown.

When we read the book, we thought that it would be great for Pakeman children to celebrate where they come from so we have created our own version of '**Our Roots**'. For our project, children came up with a variety of questions, interviewed relatives and produced their own amazing versions of family trees. Some children wrote lovely testimonies about a relative. We dedicate the next two pages of our newsletter to some of this beautiful work. We will send a link via Dojo so that you can look at more work about Pakeman children and their own roots. This work will also appear on our school website.







## Easter Break

Things to do for children



### Adventure Playgrounds

Adventure Playgrounds are free for all children.

Children aged 6 years and upwards can join new friends and play on our four available adventure playgrounds – Crumbles Castle, Lumpy Hill, Timbuktu and Toffee Park. Children who use our playgrounds must be registered with IPA.

<https://islingtonplay.org.uk/take-part/register-your-child/>  
Dates:

Week one: 6th to 9th of April 2021

Week two: 12th to 16th of April 2021

Opening times:

Morning session: from 10.30am to 1pm

closed for lunch: from 1pm to 2pm

Afternoon session: from 2pm to 5.30pm

All children who attend will be given a free healthy packed lunch to take home which is provided by Islington Council's Lunch Bunch initiative.

### Easter Playschemes

**Elizabeth House, N5 1ED**

**Booking:** 020 7690 1300

**Hanley Crouch @**

**Brickworks Community Centre, N4 4BY**

**Booking:** 020 7263 1067

[admin@hanleycrouch.org.uk](mailto:admin@hanleycrouch.org.uk)

**Highbury Roundhouse**

**@Yerbury Primary School, N19 4RS**

**@Aubert Court, N5 1BL**

[www.highbury-roundhouse.org.uk](http://www.highbury-roundhouse.org.uk)

**Hilldrop Community Association, N7 0JE**

<https://www.hilldrop.org.uk/play-project>

**Hornsey Lane Estate Community Centre, N19 3YJ**

**Booking:** 020 7272 5948; 07377 000510

**Mary's, St Mary's Church, N1 2TX,**

[childrenbookings@marys.org.uk](mailto:childrenbookings@marys.org.uk)

### Free Sporting Activities



**Thursday 1 April ONLY**

**Week 1: Tuesday 6 - Friday 9 April**

**Week 2: Monday 12 - Friday 16 April**



**During the Easter Holidays 2021 there is a wide range of free-of-charge sports activities, leadership training for young people living, or studying, in Hackney, Haringey and Islington.**



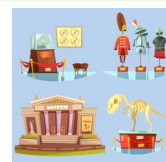
<https://accesstosports.org.uk/bookings/>



### London Museums – What's on offer over in the holidays?

Museum of London has some good family stuff and a special holiday event:

<https://www.museumoflondon.org.uk/museum-london/whats-on/toto-museum-london-conversation-dermot?id=281608>



The Natural History museum and Science Museum have ideas that you can try at home:

<https://www.nhm.ac.uk/take-part/try-this-at-home.html>

<https://learning.sciencemuseumgroup.org.uk/resources/kitchen-science/>



## Easter Break

### Things to do for adults



#### Free courses available at City and Islington College

All short courses up to Level 3 are FREE so no course fees or loans are needed.

- Introductory Certificate in Policing
- Fashion: Pattern Cutting
- Fashion: Garment Construction
- Drawing for Design
- Photoshop: Beginners
- Art: Preparing Your Portfolio
- Video Editing
- Acting Techniques: An Introduction
- IELTS Preparation
- Certificate in Coaching and Mentoring
- Certificate in Counselling
- GCSE English
- Introduction to A Level Maths
- Introduction to A Level English
- Introduction to English Language Teaching
- ESOL for New Parents (ONLINE) - Intermediate
- Conversation Skills for ESOL Learners
- Spreadsheets - The Basics
- Spreadsheet - Intermediate
- Introduction to Fitness & Personal Training
- Remote Working (Intro to Self-Employment and Working from Home)
- Manicure and Pedicure
- Setting and Dressing Hair
- Award in LED Gel Polish Techniques
- Hair Removal Techniques

...and many more.

Whether you want to get your first job, boost your career prospects, start your own business or learn something new - we have a course for you.

To register for one of our courses you will need to sign up for an account. Once you have an account you can sign in and apply to the course you would like to do

<https://www.candi.ac.uk/adult-students/free-short-courses/>

**If you would like support, or can't find what you're looking for, call, text or WhatsApp us on 07734 777 466.**

#### Getting into work workshops

Islington Council and the Park Theatre are offering free 'Getting into work' workshops to help people learn skills to ace the interview process.

The workshops - one for 18-24 year olds, and the other for people aged over 25 who are recently unemployed - will be held online for 2 hours per week for 8 weeks.

The course aims to:

1. Build your confidence
2. Have fun
3. Meet new people and make lasting friendships
4. Feel prepared and empowered
5. Discover new things about yourself

Sessions all take place in a safe and encouraging environment.

Spaces are limited. To book your place please email [Nina.GraveneyEdwards@parktheatre.co.uk](mailto:Nina.GraveneyEdwards@parktheatre.co.uk)

Workshops for 18-24 year olds take place every Tuesday, 2.30pm-4.30pm, from 23 March - 18 May (Easter break on Tuesday 6 April)

For over 25's - recently unemployed, Every Wednesday, 4-6pm from 24 March - 19 May (Easter break on Wednesday 7 April)

#### Benefits, debt, or housing difficulties

Help on Your Doorstep can help with benefits, debt, or housing advice. Please call 020 3931 6080 or email [connect@helponyourdoorstep.com](mailto:connect@helponyourdoorstep.com).



## World Autism Awareness Week

The coronavirus pandemic has been particularly difficult for many autistic people and their families. Services have closed and many people have been left stranded. Restrictions can be confusing for autistic people with high support needs.



World Autism Awareness Week is taking place 29 March - 4 April 2021. Click on the link if you would like to find out more: [World Autism Awareness Week](#)

## Online Safety

Online safety remains a priority so it is good to remind ourselves of the issues that our children face online and the resources available to help tackle these issues. The NSPCC provide good online safety talks for parents and carers. As part of these talks they have produced information which will hopefully be useful.

For more information take a look at the factsheet: [NSPCC Online safety factsheet](#)

## Resources for parents and carers



### NSPCC resources

- For guidance on a wide range of topics, visit the NSPCC's online safety pages: [nspcc.org.uk/keeping-children-safe/online-safety](https://nspcc.org.uk/keeping-children-safe/online-safety)
- Visit our Net Aware newsletter, co-created with O2, for reviews and advice on apps, games and social media kids use: [net-aware.org.uk](https://net-aware.org.uk)
- Sign up to our Net Aware newsletter to get the latest information straight to your inbox: [net-aware.org.uk/newsletter](https://net-aware.org.uk/newsletter)
- For practical tips and real-life case studies, watch the NSPCC's parenting online series: [youtube.com/user/nspcc](https://youtube.com/user/nspcc)
- Use Talk PANTS resources to help you speak to younger children about sexual abuse online, in an age-appropriate way: [nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule](https://nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule)

### Reporting sites

- Contact CEOP if you're concerned about someone making inappropriate or sexual contact with a child online: [ceop.police.uk/safety-centre](https://ceop.police.uk/safety-centre)
- Report sexual images and videos of children shared online to the Internet Watch Foundation
- Report anything online which causes someone distress or harm to Report Harmful Content: [reportharmfulcontent.com](https://reportharmfulcontent.com)

### Resources for children and young people

- They can visit the Childline website for advice and information: [childline.org.uk](https://childline.org.uk)
- Call Childline on 0800 1111 to speak to one of our counsellors about anything worrying them
- Share experiences and get peer support on the Childline message boards: [childline.org.uk/get-support/message-boards](https://childline.org.uk/get-support/message-boards)
- Contact Young Minds crisis messenger (Text YM to 85258) or visit the Young Minds website for advice about mental health: [youngminds.org.uk](https://youngminds.org.uk)
- Visit Childline's online and mobile safety page to learn how to stay safe online: [childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety](https://childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety)
- Use the Zipit app to navigate unwanted intimate chats: [childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/sexting/zipit-app](https://childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/sexting/zipit-app)
- Watch films on lots of different topics on Childline's YouTube Channel (aimed at young people aged 13-18): [youtube.com/user/childline](https://youtube.com/user/childline)



**INTERNET  
SAFETY TIPS**  
*to keep your child safe*

