



TOP TIPS FOR

50 Things to do before you are 11¾

Working together to help our children succeed!

It's a fact. Having broader experiences can really help to boost children's confidence, develop their social and language skills, build general knowledge and raise their attainment. Whether it's attending after-school clubs, visiting places of interest, learning new languages or trying out new activities – these give children memorable experiences that they can use both in their learning and in life. AND what's more.... they're a whole lot of fun!!!

We have put together a list of 50 things (inspired by the National Trust) that you could do as a family that would greatly benefit your child. Why not see if you can do them all by the time your child is 11 ¾? We've tried to make the activities local and affordable (lots of them are free). So, no excuses ☺ – why not get cracking straightaway? We wonder who will get there first. Tick the activities off as you complete them and record your experiences in writing and with pictures/photographs.

1. Have a picnic in a London park and play rounders or Frisbee

2. Create and make your own recipe

3. Visit the mummies at the British Museum

4. Collect prize-winning conkers and challenge your friends to a competition

5. Watch the sunrise or sunset

6. Go on a minibeast hunt in Highgate Wood

7. Make and bury a time capsule

8. Climb a tree

9. Dodge the fountain jets in Granary Square, Kings Cross

10. Feed the ducks in the park

11. Go on a really long bike ride

12. See the amazing toys at the Museum of Childhood, Bethnal Green

13. Fly down a zip wire in an adventure playground, e.g. Coram's Fields

14. See the animals at a city farm

15. Fly a kite

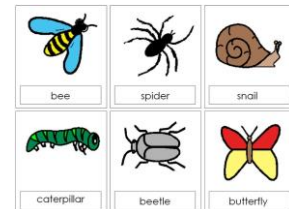
16. See the stunning view at the top of Kite Hill, Parliament Hill

17. Learn and recite a well-known poem

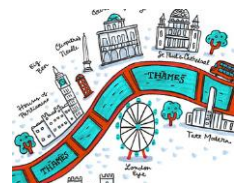
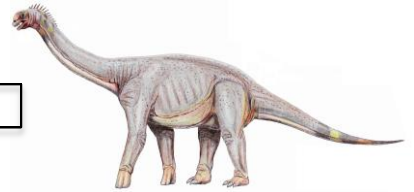
18. Go and watch the changing of the guard at Buckingham Palace

19. Design and build your own model out of junk, Lego, Meccano, a model kit or papier mache

20. Run around in the rain and jump in muddy puddles



21. Visit the Victoria and Albert Museum and have a look at fashion through the ages
22. Go orienteering and find your way with a map/compass
23. Go and see a musical or a pantomime
24. Plant, grow and eat your own food
25. Listen to a new type of music that you wouldn't normally listen to
26. Learn and perform a magic trick
27. Make someone laugh for at least 5 minutes (you may need to learn a few jokes first!)
28. Go on a London bus from the start to the end of its route
29. Do something amazing at the Science Museum
30. Roll down a really big hill
31. Go and listen to a story about a painting at the National Gallery
32. Design, make and then play your own musical instrument
33. Visit the dinosaurs at the Natural History Museum
34. Design and make a paper aeroplane and have a competition with them
35. Go on a rowing boat, canoe or pedalo
36. Put on a photographic/art exhibition of your own work for your family and friends
37. Walk along the Embankment and cross the River Thames by bridge or underground tunnel
38. Try a new skill, eg learning a language, an instrument or a new sport (maybe roller skating)
39. Have a water fight or a pillow fight
40. Collect pebbles and shells on a beach, build a sandcastle and skim stones
41. Learn to juggle
42. Go pond dipping at Camley Street Natural Park, Kings Cross
43. Try out a new author or genre of book that you wouldn't normally read
44. Raise money for a charity or volunteer to help someone regularly
45. Take a walk along Regents Canal and watch the barges navigating through the locks
46. Build a den indoors or outdoors
47. Make a puppet and act out a play for your family and friends
48. Take the Parkland walk from Finsbury Park to Highgate Woods
49. Take a photo of you standing on both sides of the Meridian line in Greenwich and, if you can, take a boat trip up the River Thames
50. Have a midnight feast!!! But don't tell anyone that we're a healthy school!



Done them all? Collect evidence of doing all 50 activities in a scrapbook, bring it into school and you'll receive a special badge!!! Scrapbooks are available for £1 from the school office.