

6th November 2015/ 90

Dear parent/ carer,

Welcome back!

I hope you enjoyed the half term break. This week we will continue with our chocolatey theme...

The SHINE ethos

We are very proud of SHINE@Pakeman. Visitors often comment on what a happy, supportive and productive environment we have created. In order to maintain this, we have high expectations of behaviour. Please ask us if you have not received the SHINE code of conduct or have any questions about this.

Chocolate trivia...

Did you know...

- The first chocolate bar was produced in 1847 by Fry's.
- Cadbury, Fry's and Rowntree's and Terrys were all established by Quakers.
- The largest chocolate sculpture in the world was created in September 2015 in China. It weighed over 10,000kg and measured 4m x 2.4 m x 2m!
- The NHS has produced guidelines for the amount of sugar we should be eating. For children aged 7-10, this is no more than 24g per day, the equivalent of six sugar cubes.

Reminders

We start at 9.50am. Please make sure that your child arrives by 9.45am. If your child is unable to attend one week, please call on 0207 6072575 to let us know why.

Best wishes

Hannah Leadbeater (Project Manager)

Headteacher: Lynne Gavin NPQH, MA, B.Ed (Hons)

